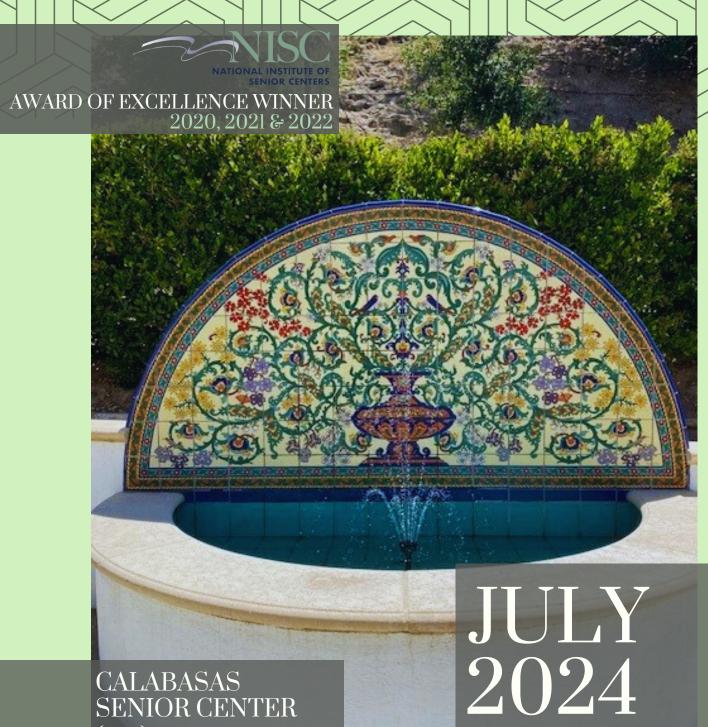
CSC NEWSLETTER

CLASSES | CLUB NEWS | UPCOMING



CALABASAS SENIOR CENTER (818) 224 - 1777 300 CIVIC CENTER WAY

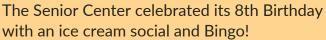




FEATURED NEWS

SENIOR CENTER 8 YEARS CELEBRATION!





Guests enjoyed a refreshing ice cream while socializing under the shade of the patio umbrellas and walking around the Multipurpose Room. The Multipurpose Room had tables with information on the various clubs, programs, and excursions that the Center offers. Anthem Blue Cross provided ice-cream during the social hour. Guests then moved down to Founders Hall for Bingo! Winners received gift cards provided by Fairwinds West Hills & Meadowbrook. Refreshments and snacks were also provided by Meadowbrook Senior Living in Agoura Hills.















COMING THIS MONTH

Registration can be done in-person at the Senior Center or online at calabasasreg.org



BIRD WATCHING AT KING GILLETTE RANCH

Bring binoculars, a bird guide, and/or camera and join in for a leisurely stroll around the grounds of King Gillette Ranch. The group leaves promptly at 8:30am from the flagpole at King Gillette Ranch.

Instructor: Kerry Perkins

Wednesday, July 3 8:30 - 10 a.m.

Residents: \$5 | Non-Residents: \$6

Summer Appetizers & Light Meals

Instructor: Patty Tanenbaum

Learn 4-5 recipes that create a fun-filled night. Whether a beginner or seasoned foodie, this class teaches all one needs to know!



Thursday, July 18 3 - 5 p.m. Resident: \$25 Non-Resident: \$30

COMING THIS MONTH

Registration can be done in-person at the Senior Center or online at calabasasreg.org

ART DECO: THE INTERNATIONAL STYLE OF ELEGANCE

These classes highlight the the modern architecture, jewelry, sculpture, fashion, illustration, and painting that defines Art Deco, while exploring the social-political climate of the times. Part Two expands into the 1930s, when global tensions rise as the Art Deco style defines the aspirations of competing nations on the world's stage.

Mondays, July 8 - August 12 5:30 - 7 p.m. Resident: \$50 Non-Resident: \$60



ROCK & ROLL AND THE '60S

The early '60s gave Surf songs of The Beach Boys, from the British Invasion led by The Beatles, to the Greenwich Village Folk music scene, the first half of the decade was a reflection of Bob Dylan's social consciousness. The second half of the '60s gave the Monterey Pop Festival, the San Francisco Flower Power movement and the culmination of the decade, Woodstock.

WEDNESDAY, JULY 10 - AUGUST 14 1 - 3 P.M.

RESIDENT: \$50 NON-RESIDENT: \$60

COMING THIS MONTH

Registration can be done in-person at the Senior Center or online at calabasasreg.org

Trader Joe's presents a hands-on, easy, step-by-step cooking class using seasonal and specialty Trader Joe's products.

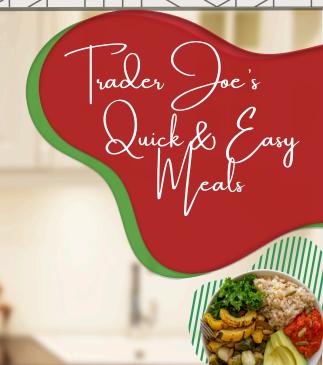
Learn what to do with all those cool items in the store. The class is led by neighborhood Trader Joe's in Calabasas.

Each class offers new meals and recipes!

Instructor: Trader Joe's Staff

7:

Tuesday, July 23 2 - 3:30 p.m. Resident: \$10 Non-Resident: \$12



Pet Spotlight: Frankie & Sophie

When Frankie was rescued in 2019 at just over a year old, he was living in a "half way house" on Ventura Blvd. He was extremely underweight, but with a huge personality and smile on his face. He adapted too well to the spoiled life. He loves spending his mornings sleeping in the sun and watching the BBQ. Whenever BBQ'ing food, it often takes 8 or more hours. Frankie has assigned himself the duty of making sure the BBQ is safe and keeping birds away from it. Once the sun goes down though, he'll be inside getting some much needed rest. His daily activity is running from his sister, Sophie the Cat. While he outweighs her by probably 60 pounds, there is no doubt she is the boss. She loves chasing him around and inciting riots. Frankie loves camping and spending time in the desert and at the beach or even out on a boat fishing, where he loves talking to the sea lions. Sophie was found at a park far from any houses in 2007. She was living by a creek and looked unhealthy and

in 2007. She was living by a creek and looked unhealthy and underweight. She decided she was going home with her now owners that day and there was no changing her mind. It didn't take long at all before she claimed her new home as her own. Her favorite pastime is playing

with her brother Frankie the dog. Hiding from him and swatting him from behind when he's looking in the wrong place. While she is now completely deaf, that doesn't slow her down one bit. At 18 years old, she is still just as sweet as the day she moved in. While she used to be a hunter of anything in the backyard, she has given that up for a life of just laying in the backyard chair and observing. Perhaps thinking back on all the times she once prowled the yard. Frankie and Sophie are the fur children of Jennifer Hernandez, Recreation Coordinator at the Senior Center, and her husband Luis, Public Works Superintendent.

CLASSES THIS MONTH

- Abstract Collage
- Acting for Fun
- Acrylic Painting
- American Artists: "The Story of A Great People" Part Two
- Art Deco: The International Style of Elegance Part Two
- Autobiography
- Beginning Canasta
- Colored Pencil
- Conversational Spanish
- Country Line Dancing
- Dance it Out: Latin/Ballroom Dance

- Drawing and Painting Watercolor
- East Coast Swing
- Fascinating Watercolor Techniques
- "Fun"ctional Fitness
- Gentle Yoga
- Grief & Loss Discussion Group
- Hot Topics
- Intermediate & Advanced Watercolor
- Italian for Travelers II
- Jazzercise
- Ladies in Distress...Or, Maybe Not
- Mah Jongg Level II

- Quick & Easy Meals
- Rock & Roll and the 60's
- Roundtable Discussion Group
- Senior Stretch, Strength,
 & Sculpt
- Sports Fans' Forum
- Savvy Senior Fitness
- Savvy Senior Singers
- Tai Chi/Qigong
- The Butterfly Book Club: Moths
- Therapeutic Yoga
- Tone & Balance
- Walk with Ease
- Zumba Gold

LECTURES/EXCURSIONS

7/3 - Bird Watching

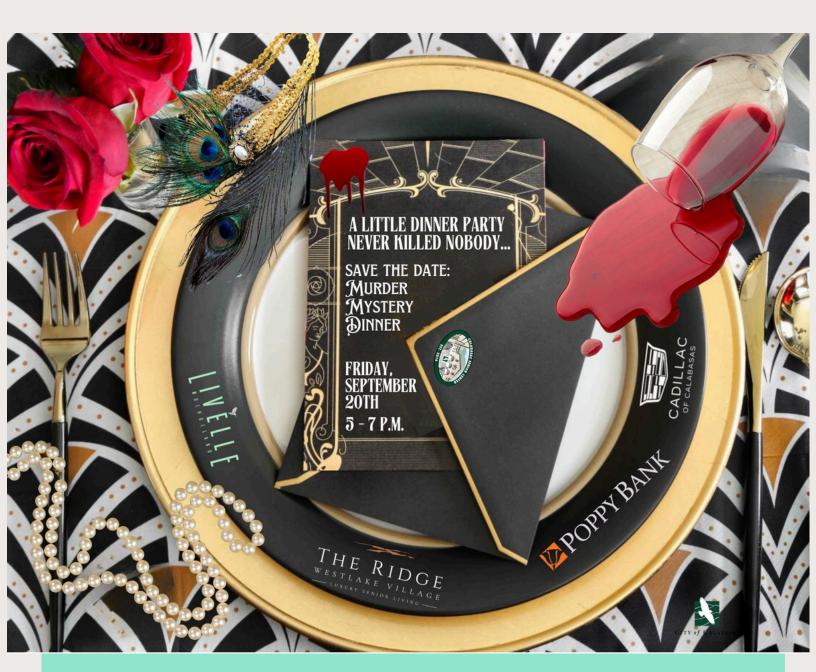
7/18 - Summer Appetizers & Light Meals

7/25 - Yiddish Bingo

7/27 - Pasadena Pops



UPCOMING EVENTS: MURDER MYSTERY DINNER



Save the date...it's to die... for!

Friday, September 20th 5 - 7 p.m.

SAVVY SENIOR SNIPPETS BY: BILL DAVIS

Greetings to all of my Savvy Senior Friends,

On Memorial Day the ultimate sacrifices that so many of the Veterans made are honored. On Veteran's Day, all those who have honorably served the Country are honored. On July 4th America's most defining holiday, Independence Day, is celebrated. It is a celebration of the goal established by the Founding Fathers and of the proud men and women of this great Nation have made, and continue to make, happen. Let's also be sure to honor the First Responders that serve and protect this country on a daily basis.

Ronald Reagan Patriotic Speech - 3 Minutes

https://www.youtube.com/watch?v=GiuFzpl28io

This is not an Independence Day speech, but it describes the promise and potential of our Republic. The young High School and College students met are inspiring and it's optimistic that their generation continues to make the American Dream a reality.

One of the Greatest Speeches Ever By President Obama - 10 Minutes https://www.youtube.com/watch?v=NaaSpRMBHjg

Finally, here are two musical tributes to the Country.

Ragged Old Flag - 5 Minutes

https://www.youtube.com/watch?v=sRuoGgBK Vk

Lee Greenwood, US Soldiers Release New Version of "God Bless the USA" - 3 Minutes https://www.youtube.com/watch?v=0Japc8M8RQw

May God continue to bless America and may America continue to have strong men and women to continue the legacy.

Enjoy.



TECH HELP

Tech Help is one-on-one instruction provided by local high school students who are earning community service hours.



Drop in - No appointment needed Wednesdays, 4 - 7:45 p.m.

Improve your skills for:

Laptops
Cell Phones
iPads/Tablets

Manage Apps Manage Photos Facebook Internet

Uber Twitter & so much more!

INSTRUCTOR SPOTLIGHT:

JASON HENSLEY



Jason Hensley is a lifelong learner. He feels that knowledge is the foundation of everything; ultimately any decision that one makes stems from what they know.

Therefore, Jason Hensley has sought to learn as much as possible. He holds a PhD in Holocaust and Genocide studies, believing that by learning more about these topics, he would have a stronger basis to help bring humanity together through his studies and lectures. He has a DMin in Biblical Studies, trusting that by learning about both the Jewish Scriptures and the Christian Scriptures, he could help Christians gain an appreciation for their roots and their debt to Judaism. He has an MA in Biblical Languages, in order to get back to the original writings of the Bible. He has a second MA in Holocaust and Genocide Studies, furthering the focus on bringing disparate groups together. He has a third MA in Special Education, emphasizing how to make knowledge accessible to everyone.

His love for learning goes beyond his degrees. He is a fellow of the Michael LaPrade Holocaust Institute. He was a member of Civic Spirit's teacher education cohort. He is a graduate of the Glass Leadership Institute of the Anti-Defamation League, a News Literacy Project Ambassador, and a Higher Education Ambassador for the Council on Foreign Relations. Over and over, Jason Hensley's work has sought to advance knowledge, and in doing so, bring people together.

Jason teaches classes on Monday evenings at the Senior Center. In Fall, he will be teaching at both the Senior Center and at the Community Center. Keep an eye out for Jason's classes in the Fall!





EXCURSIONS

BY: JACKIE HOFFMAN

The Savvy Seniors of Calabasas and Tuckers Tours would love to have seniors join on the first Overnight Tour, "Scarecrows and Surprises on the Central Coast". October is a beautiful time to visit some fascinating attractions from Pismo Beach, Nipomo, Cambria and maybe the little one-street town of Harmony. Harmony is home to Harmony Glassworks, a glassblowing studio, art gallery, school, and gift shop.

TUCKER TOURS PRESENTS:

SCARECROWS AND SURPRISES ON THE CENTRAL COAST

Join this overnight excursion! On Day 1, the group will be traveling north to the California Central Coast. A stop will be made in Solvang, where lunch will be on individual's own tab. Next, it's off to the SeaCrest OceanFront Hotel, where the group will be staying. Dinner will be enjoyed at the Pier in Pismo Beach on individual's own tab. Day 2 will begin with an included breakfast before heading out for a scenic ride to the Elephant Seal Rookery at Piedras Blancas. This location is one of only a few spots in the world where northern elephant seals can be seen in vast numbers. Enjoy a time at leisure browsing the charming shops, boutiques and galleries in Cambria's quaint and historic East and West Village. The Cambria Scarecrow Festival has grown into a community-wide event with hundreds of scarecrows engaging in many activities through Cambria, San Simeon and Harmony. Over the years, the festival has grown into one of the most unique festivals of handcrafted folk art in the U.S. Next, travel to a secret gem nestled on the hidden mesa in Nipomo. This unique ranch grows and sells the sponges we know as loofah or Luffay. A tour of this Luffa Farm begins with a comparison of commercial Luffa imported here from other countries. From there, we'll enjoy an included dinner at the legendary steakhouse, Jockos, before returning home. *Tour Level: Moderate Walking. REGISTRATION CLOSES ON SEPTEMBER 26.

Tour includes: Roundtrip Deluxe Motor Coach transportation, (1) Oceanview room at the SeaCrest OceanFront Hotel in Pismo Beach, (1) breakfast, & (1) dinner, (1) admission to the Luffa farm, Luggage Handling & Services of a Tucker Tours professional Tour Director.

DATES

DAY

TIME

10/26 - 10/27 5

Sat - Sun

Departs: Sat at 9:30am, Returns: Sun at 9:00pm

FFFS

\$780/person for Singles \$557/person for Doubles

Deluxe Motor Coach departs Calabasas Community Center, 27040 Malibu Hills Road



Club Co-Chairs: Cathie Mattson and Bobbie Miller

Advanced Table Tennis

Wed & Fri 10:30 a.m. - 12:30 p.m.

Steve Beilinson ssbanker48@yahoo.com

Canasta

Mondays 1 - 4 p.m.

Harriet Zimring hlzimring@gmail.com

Hiking

2nd & 4th Tuesday 7:30 a.m.

Sasan Sheibani ssheibani@msn.com

Ping Pong

Wednesdays 2 - 4:30 p.m.

Walter Kaufmann parawally@yahoo.com

Book Club A

2nd Monday 1:30 - 3 p.m.

Marcia Broderick mm16227@aol.com

Caring Calabasas

3rd Tuesday 3:30 - 5 p.m.

Carol Davis ctdavis1@aol.com

Lunch

1st Wednesday 11:30 a.m.

Linda Meyrowitz meyrowitzlinda21@gmail.com

Poker

Tuesdays 1 - 4 p.m.

Bob Gordon mauilite@gmail.com

Book Club B

2nd Friday 9 - 11 a.m.

Pat Saranow patas91302@gmail.com

Chess

Wednesdays 4 - 5:30 p.m.

Bob Eisenhart bobeisen@att.net

Mexican Train

Every Thursday 1 - 3:30 p.m.

Walter Kaufmann parawally@yahoo.com

RummiKub

Thursdays 3 - 5 p.m.

Pat Saranow patas91302@gmail.com

Bridge

Thursdays 10 a.m. - 12p.m.

Bruce Ross sirbruce@gmail.com

Duplicate Bridge

Fridays 11 a.m. - 3 p.m.

Steve Cooper stevecooper417@gmail.com

Photography

2nd Monday 3 - 5 p.m.

David Hurwitz davidhurwitz@gmail.com

Scrabble

Fridays 12:30 - 3:30 p.m.

Mary Lou Smith mls57@att.net

Interested in a Stamps and Coins Club and/or a Singles Club? Contact Cathie Mattson (petermttsn@yahoo.com) or Bobbie Miller (gardenoutdoor@aol.com)

Updates for clubs are given via a monthly memo from Cathie Mattson.



CARING CALABASAS CLUB NEWS BY: CAROL DAVIS

Card Creation

29 Caring Calabasas Club members, including our "seasoned" seniors aged 103, 94, 94, 93 (names withheld because they look so young), joined hands and hearts to create 117 birthday cards for foster kids in the Happy Trails for Kids birthday program. The cards were the creative by product of the comradery and fun shared by everyone there.

As usual, the smiles tell it all.









Knitting/Crochet Activities

Please note that the name of the activity has been changed to Knitting and Crocheting as many of the seniors want to join to create something in either discipline. Please tell friends that both are welcome and that there are projects which need both skills. It is amazing to see the creations that attendees bring in, that have been crafted over the course of the month. The club is again taking yarn donations if anyone has yarn that's not being used. Just bring it to the Senior Center with Caring Calabasas noted.

Braille Books for Children

There are 3 more spaces for the July 22nd Braille book activity. Please email Carol Davis if available from 10 a.m. - 2:30 p.m. (participants are needed the full time), first come first served. The club is excited to adopt this new activity to the rotation.







Hang Out Do Good

The Hang Out Do Good Club is a new group Caring Calabasas is partnering with in August. It is headed by two students at Calabasas High School who network with food distribution charities that deliver brown bag lunches to homeless individuals. The initial activity is to decorate the brown bags the lunches are packed in, working side by side with the students. There is discussion of more involvement in the fall, during the school year, when the project is in full swing. Look out for a pop-up event to do the decorating. The club has bags, pencils and pens. Volunteers are welcome to bring markers or paint. The energy and hope for the future that interfacing with these smart and caring young people bring to the table is inspiring. Stay tuned!

Collections

Eyeglasses

The eyeglass collection is still scheduled for August. Glasses of any kind. i.e., prescription, readers, sunglasses for men women and children are acceptable. The Lions Club has a mission that redistributes them to optometrists who prepare and distribute them to worthy charities all over the world. Imagine not having access to glasses- the world would be a blur. Please plan to bring any old glasses to the Senior Center between **August 19 and 29**.

Clothing

Caring Calabasas is having a one-day event on a Saturday in December where a truck collects any gently used clothes of all kinds and sizes, including winter jackets, for an Indian Reservation in Arizona. Start cleaning out a closet and one drawer at a time and put things aside for this event. The feeling of getting the clutter out of the house is peaceful and the reservation is happy to receive the donations.

The date is to be announced soon.

CARING CALABASAS CLUB NEWS BY: CAROL DAVIS



Calendar for the <u>Upcoming</u> Months

Please print the flyer, or pick one up at the Senior Center, to have the basic schedule and watch for pop ups in future newsletters!

2024 Schedule

Wednesday, 7/10 - Club Meeting via Zoom (3:30-4:30pm) Friday, 7/12 - Knitting (10:00am-12:00pm)

Thursday, 7/25 - Card Preparation (2:00-4:30pm)

ARING

Monday, 7/22 - Braille Books

(10:30 a.m. - 2:30 p.m.) Limited participation available, must make reservation

<u>Uugust</u>

Tuesday, 8/6 - Knitting (10 a.m. - 12 p.m.) Wednesday, 8/14 - Club Meeting via Zoom (3:30 - 4:30 p.m.) Tuesday, 8/20 - Card Making (3:30 - 5 p.m.)

September

Wednesday, 9/11 - Club Meeting via Zoom (3:30 - 4:30 p.m.)

Friday, 9/13 - Knitting (10 a.m. - 12 p.m.)

Tuesday, 9/24 - Card Making (2:30 - 4:30 p.m.)

Friday, 9/27 - Caring Calabasas/Caruso Cares Foundation for the Junior Blind Event (10 a.m. - 2:30 p.m.)

Location: Calabasas Community Center, 27040 Malibu Hills Rd.

October

Wednesday, 10/9 - Club Meeting via Zoom (3:30 - 4:30 p.m.)

Friday, 10/18 - Knitting (9:30 - 11:30 a.m.)

Tuesday, 10/22 - Card Making (10 a.m. - 12 p.m.)

November

Friday, 11/8 - Knitting (9 - 11 a.m.)

Wednesday, 11/13 - Club Meeting via Zoom (3:30 - 4:30 p.m.)

Monday, 11/18 - Card Making (3 - 5 p.m.)

Monday, 11/25 - Fleece Blanket Tying (3 - 5 p.m.)

December

Wednesday, 12/4 - Knitting (1 - 3 p.m.)

Wednesday, 12/11 - Club Meeting via Zoom (3:30 - 4:30 p.m.)

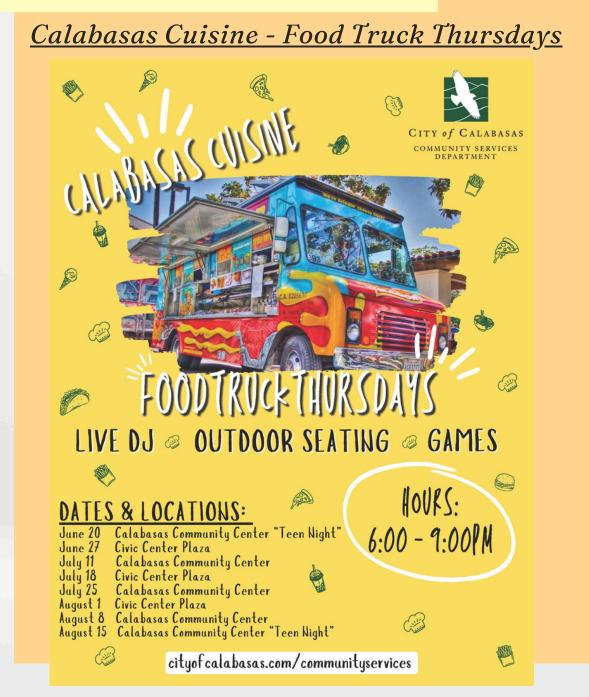
For questions about the club, contact the Club Leader, Carol Davis at ctdavisleaol.com



BY: CAROL WASHBURN

Savvy Seniors Steering Committee Meeting

The next meeting is held on **August 7th**. Meetings are held at the Calabasas Senior Center.



BY: CAROL WASHBURN

4th of July Spectacular



Events are Alcohol & Tobacco Free * BECOMEASPONSOR Contact: jcerna@cityofcalabasas.com

BY: CAROL WASHBURN

<u>Tiny Porch - Sunday, July 14</u>



<u>Calabasas SUNsets</u> <u>Concert Series</u>



ON TAP BAND AT 6PM





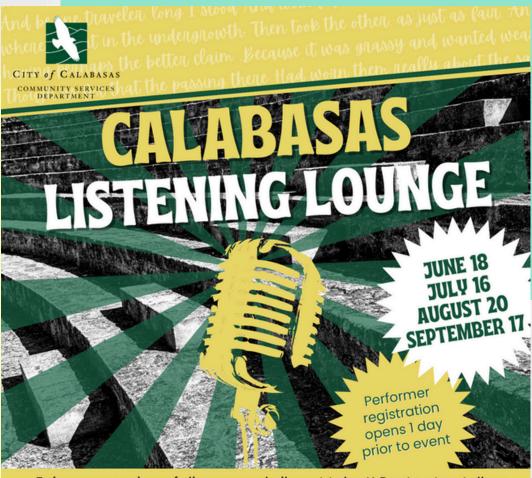
www.cityofcalabasas.com/communityservices
(818) 880-6461 - communityservicesinfo@cityofcalabasas.com

On Tap Band - Dance away the evening with ON TAP as they reinvent covers like no others, including multiple decades of music, and favorite hit songs from the 80s and 90s.

FREE to the public - All concerts begin at 6:00pm Bring picnics, lawn chairs, and blankets

BY: CAROL WASHBURN

Calabasas Listening Lounge



Enjoy an evening of diverse and vibrant talent! Poets, storytellers, and musicians are invited to share their creativity. Whether you're a seasoned performer or a first-time speaker, come and let your voice be heard in the heart of our community.

All are welcome to support local talent!

FREE ENTRY

7 - 9 P.M.

CIVIC CENTER AMPITHEATRE

200 Civic Center Way Calabasas, CA 91302 PERFORMER PRE-REGISTRATION HIGHLY ENCOURAGED MUST BE AGES 13 & UP

ON-SITE REGISTRATION IF SPACE AVAILABLE



www.cityofcalabasasreg.org

BY: CAROL WASHBURN

Santa Monica Mountains Fund 2024 Photo Competition - Start Taking Photos Now!

Entries accepted
September 9 - October 14, 2024
Exhibition from January 15, 2025 through
February 15, 2025

Entries:

Enter up to 5 photos \$12 per photo, 4 for \$40, or 5 for \$50

Awards Given:

1st, 2nd, 3rd, Honorable Mention
Sheila Braden Award
Student Award
Most entries for a Club, School, or Affiliation

Special Assignment Awards:

Ocean and Beach History of SAMO People in the Parkland

More information at: samofund.org



Summer Library Events for Adults

Tuesday, July 9, 5:30 p.m.: DIY Craft Event for Adults - Bad Art Night

Thursday, July 11, 5:30 p.m.: Calabasas Stories - Exploring our History

Tuesday, July 16, 5:30 p.m.: Tuesday Evening Book Club

Wednesday, July 17, 11 a.m.: Wednesday

Morning Book Club

Wednesday, July 17, 6 p.m.: Online Film Fanatics

Tuesday, July 23, 5:30 p.m.: Cultivate Habits for a Blissful Life with Adriana Gage

Tuesday, July 30, 6 p.m.: Draping History: The Artist Who Fashioned America

For more information on these events and the Summer Reading Program for adults, visit the Library website: calabasaslibrary.org or call 818-225-7616

THANK YOU!

Treats donated by these local businesses.

Be sure to thank them!





*A friendly reminder - please enjoy goodies in non-carpeted areas and always clean up when done! Staff appreciates the cooperation!

Thank you to our sponsors for the Birthday Bingo & Ice Cream Event!





