

CSC NEWSLETTER

CLASSES | CLUB NEWS | UPCOMING

NATIONAL AWARD WINNING
AS ACKNOWLEDGED BY THE
NATIONAL INSTITUTE OF
SENIOR CENTERS

APRIL
2024

(818) 224 - 1777
300 CIVIC
CENTER WAY



CITY of CALABASAS

SUMMER CLASSES/ PROGRAMS REGISTRATIONS

REGISTRATION DATES:

Senior Center Members:

Monday, April 8th - 9:00am

Calabasas Residents:

Friday, April 12th - 9:00am

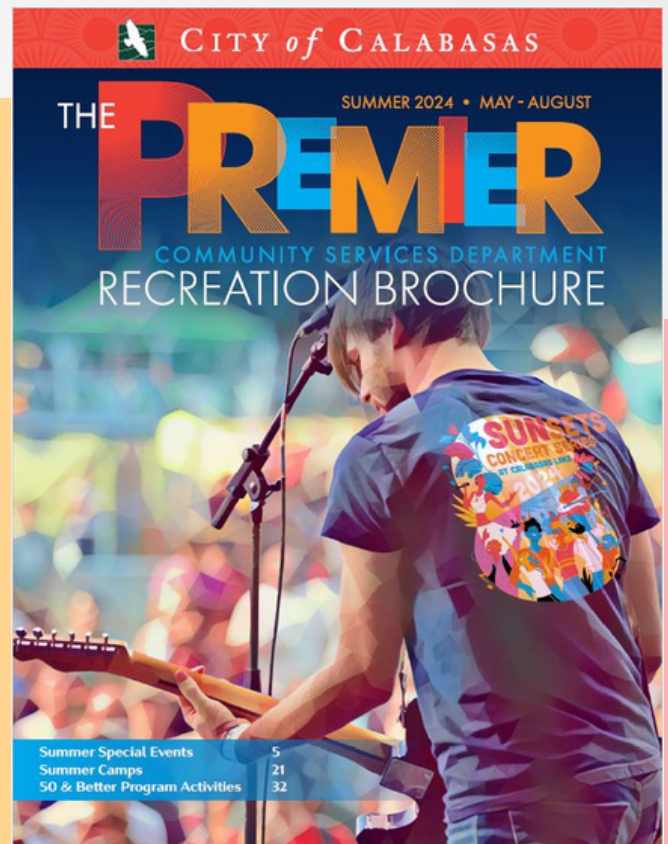
General Registration:

Wednesday, April 17th - 9:00am

CALABASAS COMMUNITY CENTER REGISTRATION:

Wednesday, April 17th - 9:00am

***NOTE:** Membership at the Calabasas Senior Center DOES NOT give priority registration to the Calabasas Community Center. For priority registration at the Calabasas Community Center, you must be a member of that center.



**THE SUMMER BROCHURE WILL BE AVAILABLE
ONLINE EARLY NEXT WEEK.**

**[CLICK HERE TO VIEW THE
SUMMER 2024 BROCHURE](#)**

Registration can be done in-person at the Senior Center or online at www.cityofcalabasas.com/register

FEATURE NEWS



BIRD WATCHING AT KING GILLETTE RANCH

Bring binoculars, a bird guide, and/or camera and join in for a leisurely stroll around the grounds of King Gillette Ranch. *The group leaves promptly at 8:30am from the flagpole at King Gillette Ranch.

Instructor: Kerry Perkins

Wednesday, 4/3
8:30-10:00am

Residents: \$5 | Non-Residents: \$6

Registration can be done in-person at the Senior Center or online at www.cityofcalabasas.com/register

Registration can be done in-person at the Senior Center or online at www.cityofcalabasas.com/register



CPR SAVES LIVES - HELP IMPROVE THE ODDS

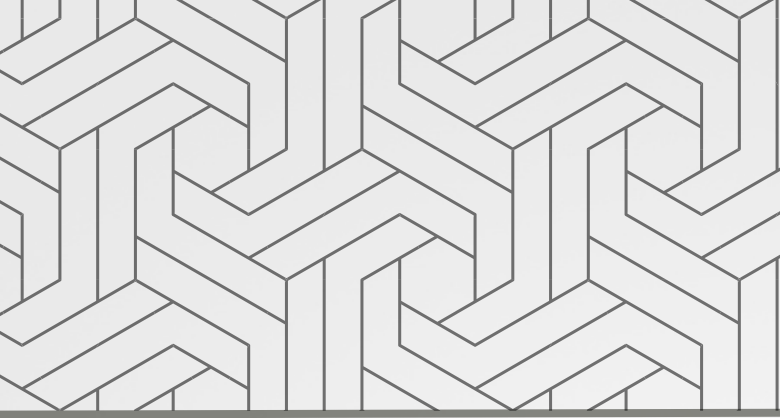
Presenter:
Foundation for Senior Services/Senior Specialist Group

Tuesday, 4/16
2:00-3:30pm

Resident: \$3
Non-Resident: \$3.60

Learn important facts about CPR and join a "Hands Only" Bystander CPR presentation. This is an interactive program with CPR manikins to actually practice the correct method to use when encountering someone with distress.





URBAN ZEN

If experiencing pain, anxiety, insomnia, stress, or exhaustion, Urban Zen makes the body feel more at ease, rested, mentally clear, and emotionally balanced in no time.

Experience gentle and restorative yoga, breathing practices, essential oil therapy, healing touch, and guided meditation.

Instructor: Jenny Klossner

Monday, 4/15 | 1:00-2:30pm

Resident: \$33 | Non-Resident: \$39.60



UCLA BOOSTER BLOWOUT!!!

Presenter: Bonnie Shoemaker

Open to all participants who have previously completed the four-week course. Join in a fast-track review of the four-week course, and then be introduced to three new, viable techniques to enhance confidence and memory!

Thursday, 4/25
1:00 - 3:00pm
Resident: \$20
Non-Resident:
\$24



Registration can be done in-person at the Senior Center or online at www.cityofcalabasas.com/register



WELCOME
TO *Swinging*
VEGAS

BIG BAND SINGER,
NANCY OSBORNE

Having performed in Las Vegas numerous times brings her showstopper performance of some of the greatest entertainers of the classic Las Vegas Showrooms. Nancy entertains with songs from the Vegas of yesteryear, Sinatra, Peggy Lee, Louis Prima, Keely Smith plus her past years with the famous female quartet group, The CHORDETTES of Mister Sandman and Lollipop fame.

FOUNDERS HALL LOCATED BEHIND THE CALABASAS LIBRARY

4/19 • FRIDAY • 3:00 - 4:00PM

RES \$10/NON-RES \$12

CITY OF CALABASAS



Pet Corner



Everyone loves a heartwarming story of how someone's pet came into their life and what their pet means to them. Beginning next month, there will be a small "Pet Corner" in the newsletter during the summer months.

Please send in photos and a story of your pet(s) to xosorio@cityofcalabasas.com for a chance to have your pet in the spotlight!

Registration can be done in-person at the Senior Center or online at www.cityofcalabasas.com/register

CLASSES THIS MONTH

- Acting for Fun
- Colored Pencils
- Conversational Spanish
- Country Line Dancing
- East Coast Swing
- Flicker
- "Fun"ctional Fitness
- Gentle Yoga
- Grief & Loss Discussion Group
- Hot Topics
- Italian for Travelers
- Intermediate & Advanced Watercolor
- Jazzercise
- Laws, Litigation & The Judicial Process
- Mixed Water Media
- Roundtable Discussion Group
- Senior Stretch, Strength & Sculpt
- Zumba
- Sports Fans' Forum
- Savvy Senior Fitness
- Savvy Senior Singers
- Tai Chi
- The Artistic Friendship of Edgar Degas and Mary Cassatt
- Therapeutic Yoga
- UCLA Booster Blowout!
- UCLA Memory Training Program
- Ukulele
- Urban Zen
-

LECTURES & ENTERTAINMENT

4/16 - CPR Saves Lives - Help Improve the Odds

4/19 - Big Band Singer, Nancy Osborne



WRITER'S CORNER:

ARTICLES WRITTEN BY INNER WRITER PARTICIPANTS

SUNDAY ON LA GRANDE JATTE BY: CAROL KAPLAN



"Sunday on La Grande Jatte, a painting by Georges Seurat done in the pointillist technique, executed on a large canvas during 1884-1886. It is a founding work of the Neo-impressionist movement, and is the artist's most famous work." (Wikipedia).

I must have a lot of nerve writing about this masterpiece. It has been made the backdrop of a major musical Broadway play, SUNDAY IN THE PARK WITH GEORGE book by James Lapine, music and lyrics by Stephen Sondheim, 1983. More on this inspiring play later.

My favorite painting, has been a thrill to see at The Art Institute of Chicago since as long as I can remember. The size, nearly fills an entire wall, the color, and the story I imagine draws me in every time. Although the attire the people are wearing is from the late 1800s, I relate to them caught in a moment of time. The scene is a late spring or summer day, the weather is warm, the sun is shining in a park by the shore. The day is bright, sun is shining and areas are in the shade offered by large green leafy trees.

I look at all the people, there are many, yet the scene looks calm and serene. I admire all their costumes and day dream about being there. I'd take off my shoes and step into the water. Going back to my blanket, I would sit on a chair low to the ground, look around at everyone, make up my mind they are enjoying the moment, and then lean back and let my thoughts wonder. The cool refreshing breeze would soothe me and I would feel at peace.

Maybe one of the dogs would be friendly and the couple with him would encourage me to pet their four-legged companion. I might say hello to the little girl in the white dress and compliment her mother on her outfit. The dream ends and I view the painting as a gorgeous masterpiece of color and contentment. How this work of art warms my soul is one of the gifts I have appreciated.

When my son Paul went to Northwestern in Evanston, and when he stayed to work in Chicago after he graduated, I would go to see him and try to visit "my painting." I found out that when Michael came to see Paul, the two brothers went to the Art Institute to visit "Mom's painting," SUNDAY IN THE PARK WITH GEORGE, the highly acclaimed play opened in New York starring Mandy Patinkin and Bernadette Peters. How wonderful it was that David, Michael and I saw it not long after it opened with the original cast.

The music, the lyrics, the story, and the set design felt so true to the artist and the painting. Even though it is a fictionalized version of the painter, the story in the first act seems so real: how does a committed artist who is immersed in his work balance his time well enough to give himself to love and compassion for his family? At the end of the first act, we have come to understand more about how the artist puts together all his thoughts and pieces to make his art, all the while seeing how fully engrossed he is in his painting with feeling and technique. As the act ends, the finished painting is revealed. We sat in awe.

The play then goes on to ask other questions about art: how should or can it change. Although the lyrics and the music continued to get to me, I found it difficult to be as connected as I was in the first act. I hope I'll have the opportunity to see the play again, and having lived and learned since my first experience with it, I trust I'll have more understanding of this great theatrical work of art.

SAVVY SENIOR SNIPPETS

BY: BILL DAVIS

Greetings to all of my Savvy Senior Friends,

Mark Rober is a YouTube superstar. He has numerous prankster videos that are extremely entertaining. He is also a Mechanical Engineer with a very impressive resume and was invited to give the 2023 Commencement Address at the Massachusetts Institute of Technology. His advice to the graduating class is extremely inspiring, humorous and should be utilized by all.

I Gave the 2023 MIT Commencement Speech - 19 Minutes

<https://www.youtube.com/watch?v=1UTjWy-vnOo>

And just for fun, here is his famous squirrel video.

Backyard Squirrel Maze 1.0 - Ninja Warrior Course - 20 Minutes

<https://www.youtube.com/watch?v=hFZFjoX2cGg>

Enjoy.

Bill Davis is a longtime resident of Calabasas and wannabee BBQ Pitmaster



TECH HELP

Tech Help is one-on-one instruction provided by local high school students who are earning community service hours.



Drop in - No appointment needed

Wednesdays, 4:00-7:45pm

Improve your skills for:

Laptops
Cell Phones
iPads/Tablets
Manage Apps
Manage Photos

Facebook
Internet
Uber
Twitter
& so much more!

INSTRUCTOR SPOTLIGHT: TOBY SALKIN



Toby teaches Abstract Collage on Mondays, from 2:00 - 4:30pm. In the Summer session, her class will run from 5/13 - 7/8. All are invited to join and all skill levels are welcome!

Toby Salkin has been a collage artist for more than 30 years. Toby was an artist for most of her life starting with oil paints. After seeing collages by cubist artists like Picasso, she felt that it was time to try something new. So, she gathered papers from old

newspapers, old books and then bought papers from some of her favorite art stores. She then decided to add gold, silver, copper and variegated leaf to her collage. Later, she added assemblage to her work collecting wooden letters, broken pieces of rulers, jewelry, and small metal objects.

Toby is a member of Women Painters West, Collage Association of America and a current member of Los Angeles Art Association, Gallery 825



EXCURSIONS

BY: JACKIE HOFFMAN

**NEW
EXCURSION!**

**ROSE
DAYS AT
OTTO &
SONS**



Join the Savvy Seniors on an adventure that is sure to spark joy in your heart. Fillmore, CA. is the home of Otto & Sons annual "Rose Days." Travel through the beautiful green hills to celebrate the beauty of roses. This is the Klittich family's 31st year of sharing their incredible nursery with the public.

The day consists of timed walks through the growing grounds and display gardens led by members of the family as well as lectures introducing new roses and advice on rose care. A highlight will be a flower arranging demonstration by Gracie Poulson, owner of Grace Rose Farms, in Somis, CA.

Come hungry since our first stop will be a very popular new restaurant, R&Q Kitchen, located inside Fillmore's Chevrolet dealership, amid a collection of 1950's and 1960's vehicles on display.

Potted roses will be available for purchase at Ottos if a certain rose is calling your name.

**THE ONLY COST FOR THIS WONDERFUL DAY IS THE TRANSPORTATION
ON OUR CALABASAS SHUTTLE AND BREAKFAST.**

Saturday, April 20

8:00am - 4:30pm

Resident: \$30

Non-Resident: \$36

CITY SHUTTLE DEPARTS FROM: CALABASAS SENIOR CENTER, 300 CIVIC CENTER WAY

Registration can be done online at
www.cityofcalabasas.com/register
or in-person at the Senior Center.



[CLICK HERE TO REGISTER](#)

CLUB NEWS

Club Co-Chairs:

Cathie Mattson (818) 389-8420

Bobbie Miller (818) 634-0364

Advanced Table Tennis

Wed & Fri
10:30am-12:30pm

Steve Beilinson
ssbanker48@yahoo.com

Book Club A

2nd Monday
1:30-3:00pm

Marcia Broderick
mm16227@aol.com

Book Club B

2nd Friday
9:00-11:00am

Pat Saranow
patas91302@gmail.com

Bridge

Thursdays
10:00am-12:00pm

Bruce Ross
sirbruce@gmail.com

Canasta

Mondays
1:00-4:00pm

Harriet Zimring
hlzimring@gmail.com

Caring Calabasas

3rd Tuesday
3:30-5:00pm

Carol Davis
ctdavis1@aol.com

Chess

Wednesdays
4:00-5:30pm

Bob Eisenhart
bobeisen@att.net

Duplicate Bridge

Fridays
11:00am-3:00pm

Steve Cooper
stevecooper417@gmail.com

Hiking

2nd & 4th Tuesday
7:30am

Sasan Sheibani
ssheibani@msn.com

Lunch Club

1st Wednesday
11:30am

Linda Meyrowitz
meyrowitzlinda21@gmail.com

Mexican Train

Every Thursday
1:00-3:30pm

Walter Kaufmann
parawally@yahoo.com

Photography

2nd Monday
3:00-5:00pm

David Hurwitz
davidhurwitz@gmail.com

Ping Pong

Wednesdays
2:00-4:30pm

Walter Kaufmann
parawally@yahoo.com

Poker Club

Tuesdays
1:00-4:00pm

Bob Gordon
maulite@gmail.com

RummiKub

Thursdays
3:00-5:00pm

Pat Saranow
patas91302@gmail.com

Scrabble Club

Fridays
12:30-3:30pm

Mary Lou Smith
mls57@att.net



CLUB HIGHLIGHT: PHOTOGRAPHY

Have a passion for photography? Enjoy seeing the moments others capture? Contact David Hurwitz and join the Photography Club!

The club meets on the second Monday of each month, from 3:00-5:00pm.

CLUB NEWS

CARING CALABASAS CLUB NEWS BY: CAROL DAVIS



Card Preparation Day



Over 28 Caring Calabasas Club participants happily embraced the new Card Preparation activity. The Club made over 135 sets of materials for the new "fractured" birthday card design that will be taught at the April 9th Card Making event from 2:00-4:00pm at the Senior Center. In addition, countless stars, hearts, balloons, and flowers were punched out and many Happy Birthday messages were stamped and embossed. Club members were so busy keeping up that they forgot to take pictures. (Next time the paparazzi will be there for sure.) About 9 participants were new to the club and many to the Senior Center. Thanks to all! Come on the 9th and bring friends!

Knitting

The new video is up on the Calabasas Senior Center Website. Check it out!

The Club picked up a new donation of great yarn that someone posted on Facebook and have new advisors for knitting and crochet.

Come and bring a friend on April 4th! Have fun telling stories, knitting, and crocheting while doing good works.

The Club has finally almost used up the yarn that was collected two years ago. Please look through any unused yarn, and ask friends to do the same. The Club would appreciate all donations of unused yarn, to use for this project.





CLUB NEWS

CARING CALABASAS CLUB NEWS BY: CAROL DAVIS

Fleece Blanket Tying

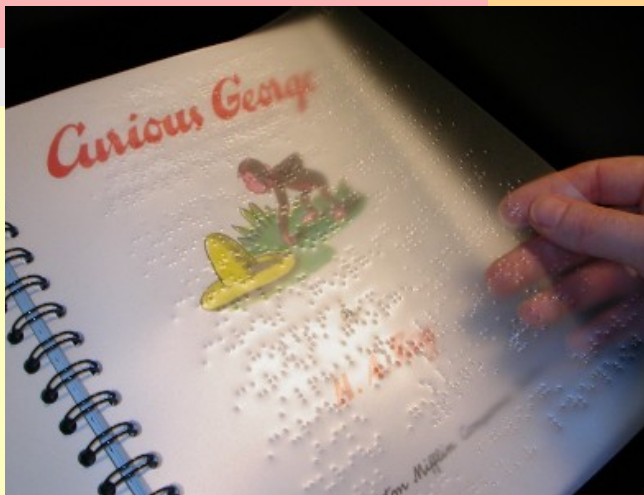
Caring Calabasas has 50 new blankets to tie on April 30th from 10:00am - 12:30pm! Come meet new friends and make blankets for My Stuff Bags Foundation, which supports at-risk children taken from their homes. Each child is given a bag of new "stuff" that includes a cuddly new blanket. Make a reservation to join on May 20th from 10:00am - 12:00pm to actually stuff the duffle bags at the My Stuff Bags headquarters in Westlake Village. It is heart-warming to see how the blankets are sent all over the United States by this very organized, worthwhile charity. There is a limited number of reservations available, email CTDavis1@aol.com to save a spot.

Operation Gratitude

Operation Gratitude always needs notes written to the service men and women. Please take one of our blank cards that are in the red, white and blue box on the shelf at the Senior Center and write a note while having a cup of coffee or waiting between classes.

Children's Braille Book Initiative

Discussions have begun on the proposed project for the Foundation for the Junior Blind, which involves Club members peeling and sticking braille words on children's books. There are still a lot of details to iron out. One of the issues the club would love to accomplish is to get the books donated from the publishers, to allay the cost that the Foundation is paying for the books. There are 500 board books of each title are needed. The club is looking for someone with a connection to a publisher or author who would provide the books as a donation. They must be a board book and appropriate for 3-5 year olds. The creation of the braille template, production of all the peel and stick labels, and packing and shipping of the books all over the country are paid for by the Foundation. Please contact Carol Davis with any ideas.



CLUB NEWS



CARING CALABASAS CLUB NEWS BY: CAROL DAVIS

Calendar for the Upcoming Months

IMPORTANT NOTE: Planning Meeting Dates Changed

Starting in April the regularly scheduled Caring Calabasas Planning Zoom meeting will be on the second Wednesday of the month from 3:30 - 4:30pm. Please change your calendars to reflect this new time each month. (Formerly it was on the third Tuesday).

The following events have been confirmed and scheduled for the upcoming months. Please adjust calendars to participate in all of the club's activities. Pop up events may also come up and will be sent via email or newsletter. The schedule for future events are:

April

Thursday, April 4th

Knitting, 10:00am - 12:00pm

Tuesday, April 9th

Card Making, 2:00 - 4:30pm

Wednesday, April 10th

Zoom Planning Meeting, 3:30 - 4:30pm

Tuesday, April 30th

Fleece Blanket Tying, 10:00am - 12:30pm

May

Wednesday, May 8th

Zoom Planning Meeting, 3:30 - 4:30pm

Thursday, May 9th

Knitting, 10:00am - 12:00pm

Monday, May 20th

My Stuff Bags Field Trip, 10:00am - 12:00pm

Tuesday, May 21st

Card Preparation, 2:00 - 4:30pm

June

Friday, June 7th

Knitting, 10:00am - 12:00pm

Wednesday, June 12th

Zoom Planning, 3:30 - 4:30pm

Tuesday, June 18th

Card Making, 3:30 - 5:00pm

July

Wednesday, July 10th

Zoom Planning, 3:30 - 4:30pm

Friday, July 12th

Knitting 10:00am - 12:00pm

Thursday, July 25th

Card Preparation, 2:00 - 4:30pm

August

Tuesday, August 6th

Knitting, 10:00am - 12:00pm

Wednesday, August 14th

Zoom Planning, 3:30 - 4:30pm

Tuesday, August 20th

Card Making, 3:30 - 5:00pm

Don't hesitate to ask any questions and keep caring about each other.

COMMUNITY EVENTS

BY: CAROL WASHBURN

Savvy Seniors Steering Committee Meeting

Wednesday, April 3, 3:00 - 5:00pm
Held at the Calabasas Senior Center

RSVP to Laura Weissnar at:
lweiss1@yahoo.com



Parks, Rec, & Education Commission Meeting

Monday, April 8
6:00pm

Held in the City Council Chamber or CTV - Ch.3
Richard Sherman, the Calabasas Senior Center PRE Representative,
can be reached by email: drrichardsherman@gmail.com

Rose Days at Otto & Sons

Saturday, April 20
8:00am - 4:30pm

\$30 Resident
\$36 Non-Resident

City Shuttle Departs from
Calabasas Senior Center,
300 Civic Center Way

CLICK HERE TO REGISTER



Join the Savvy Seniors on an adventure that is sure to spark joy in your heart. Fillmore, CA. is the home of Otto & Sons annual "Rose Days." Travel through the beautiful green hills to celebrate the beauty of roses. This is the Klittich family's 31st year of sharing their incredible nursery with the public.

The day consists of timed walks through the growing grounds and display gardens led by members of the family as well as lectures introducing new roses and advice on rose care. A highlight will be a flower arranging demonstration by Gracie Poulson, owner of Grace Rose Farms, in Somis, CA.

Come hungry since our first stop will be a very popular new restaurant, R&Q Kitchen, located inside Fillmore's Chevrolet dealership, amid a collection of 1950's and 1960's vehicles on display.

Potted roses will be available for purchase at Ottos if a certain rose is calling your name.

**THE ONLY COST FOR THIS WONDERFUL DAY IS THE TRANSPORTATION
ON OUR CALABASAS SHUTTLE AND BREAKFAST.**

**Saturday, April 20
8:00am - 4:30pm
Resident: \$30
Non-Resident: \$36**

CITY SHUTTLE DEPARTS FROM: CALABASAS SENIOR CENTER, 300 CIVIC CENTER WAY

Registration can be done online at
www.cityofcalabasas.com/register
or in-person at the Senior Center.



COMMUNITY EVENTS

BY: CAROL WASHBURN

Earth Day Festival



Saturday, April 13
2:00 - 5:00pm

Experience the Golden Age of Hollywood

*All-New Warner Bros, Studio Tour
Hollywood TCM Classic Films Tour*

As an attendee of the 2024 TCM Classic Film Festival, Warner Bros. Studio Tour Hollywood is offering you a \$15 savings on our all-new **WB|TCM Classic Films Tour**.

Dates/Times:

April 15th - 25th

11:30am, 12:30pm, 2:30pm, 3:00pm

Tour Duration:

3 Hours (inclusive of Guided and Self-Guided)

The Offer:

\$80 (Regular Price of \$95)

Save \$15 off Classic Films Tour in Celebration of the 15th Anniversary of the TCM Classic Film Festival

Location:

3400 Warner Blvd., CA 91505



MB MICHAEL BLOOM

LIVELLE

CALABASAS SENIOR CENTER

SOCK HOP

**Friday, April 12
5:00 - 7:00pm**

**Members FREE
\$15 Resident
\$18 Non-Resident**

NEW LOCATION

Calabasas Community Center

27040 Malibu Hills Road

Get ready to twist and shout at the Sock Hop! Join us for a great time with live music by ACME Time Machine! They will be playing the timeless Rock 'n' Roll hits of the 1950's, '60s and beyond, by all-time favorite artists such as Elvis Presley, Buddy Holly, The Beatles, The Monkees, Little Richard and more! Enjoy dinner from The Habit food truck! So grab your shoes and best dance moves, and be ready for a blast from the past!



Registration can be done in-person at the Senior Center or online at www.cityofcalabasas.com/register



CITY of CALABASAS



[CLICK HERE TO REGISTER](#)

COMMUNITY EVENTS

BY: CAROL WASHBURN



Spring has Sprung!
Tulip Mania is Here!

The Promenade at Descanso is bursting with color. If you love tulips, now's the time to plan a visit!

Descanso Gardens
1418 Descanso Drive
La Canada Flintridge, CA
Open 9:00am - 5:00pm

For more information, visit:
descansogardens.org

King Gillette Ranch Visitor Center

In the realm where the camera lens captures the essence of the natural world and the ceramist hands hold the very clay that embodies it, three distinct artists gather to create a collection of creativity celebrating the beauty inter-connectedness of our environment. *A portion of the funds from art sales will be used to support art programs.*

Now - April 28th
Wednesday - Sunday
9:00am - 4:00pm



COMMUNITY EVENTS

BY: CAROL WASHBURN

Come Visit the 59th Pasadena Showcase House of Design

The 2024 Pasadena Showcase House of Design boasts a significant historic background, several storied owners and even a prestigious designation. It was a Pasadena City Landmark. This stately English Tudor Revival Style home was once named "El Roble" by one of its prominent residents, a Spanish translation in honor of a stately oak tree that once graced its magnificent front lawn. In recent years it has been referred to as Potter Daniels Manor, honoring its original owner while also paying homage to its second but more famous owner's English heritage and inspiration.



Tickets are on sale now!
April 21 - May 18

Calabasas Regency Theatre April Shows & Starting Dates

Ghost Busters: Frozen Empire | Godzilla X Kong | The First Omen

Admission:

Senior Matinee - \$12 (61 and better starting before 5pm)
Senior Evening - \$14 (61 and better starting at/after 5pm)
Military - \$13 (With valid ID)

\$8 TUESDAYS, ALL SEATS, ALL DAY

Visit: regencymovies.com
or call: (818) 225 - 8020



THANK YOU!

*Treats donated by these local businesses.
Be sure to thank them!*



****A friendly reminder - please enjoy goodies in non-carpeted areas and always clean up when done! Staff appreciates your cooperation!***

*Thank you to our event partners,
Michael Bloom and Livelle for their
sponsorship on the upcoming Sock Hop!*

MB MICHAEL
BLOOM

LIVELLE
MULHOLLAND