

## After Bite Balm

- 4 tbsp coconut oil (sign up with Thrive Market for a free bottle here [affiliate link](#))
- 1 tbsp beeswax pellets
- 10 drops lavender essential oil
- 10 drops melaleuca (tea tree oil) OR Peppermint • small baby food container or other small airtight container

Melt coconut oil and beeswax in the microwave for one minute. (or use a double boiler) Stir well to melt the beeswax and microwave in 30 second intervals if not completely melted. Add essential oils to mixture and pour into container. Refrigerate until hardened (you can harden at room temperature but it takes much longer!) You can keep this at room temperature but I like to keep it in the fridge as I find the little bit of extra coolness gives an instant relief for really irritated bites!

Can also be used as moisturizer. ;)