

Hello Yogis & Yoginis,
We Are Back "Virtually"... yet all together in spirit for our Library Yoga Sessions.
Please join in from the comforts of your home or any place you so desire to Yoga.
Feel free to set-up your personalized Yoga Space for a practice to fit your needs.
You may have yoga props, music set to your favorite playlist, and a water nearby.
Let's express gratitude to the Calabasas Library for putting together this Yoga Series.
The reflection of looking back is a new, clearer and brighter view of looking forward.
Namaste'
Deanne Wenger, Yoga Instructor

DISCLAIMER - YOGA WITH DEANNE WENGER

Please consult with your physician before beginning any exercise program. By participating in this exercise or exercise program, you agree that you do so at your own risk, are voluntarily participating in these activities, assume all risk of injury to yourself, and agree to release and discharge Yoga with Deanne Wenger from any and all claims or causes of action, known or unknown, arising out of Yoga with Deanne Wenger negligence.