



REGISTRATION PROCESS FOR WINTER 2018

We hope you enjoy looking through the pages of this Calabasas Recreation Brochure and discovering more than 100 classes and lectures that are being offered as part of the continuing Senior programming. You will also find several excursions to a variety of interesting sites and venues in Southern California. Senior classes, lectures, seminars and field trips are available to men and women, 50 years and over, who would like to enjoy a variety of activities, new experiences, and enrichment.

Registration for classes will utilize the Active Network. Therefore, it is possible to register for classes and field trips in the comfort of your home, using your computer or other electronic device. Should you need personal assistance to register for classes, you will be able to register at the Senior Center as well.

Dates For Class Registration

Registration will take place in stages, depending on whether or not you are a Calabasas resident and also whether or not you have become a member of the Senior Center.

- On **Monday, December 11th at 9:00 a.m., paid members of the Calabasas Senior Center** will be able to register for classes and excursions. *If registering online, member discount applies after check-out.
- On **Wednesday, December 13th at 9:00 a.m.**, standard registration for **Calabasas residents** (who are not members of the Senior Center) will be able to register for classes and excursions. *If registering online, resident discount will apply after check-out.
- On **Monday, December 18th at 9:00 a.m., non-residents of Calabasas** will be able to register for classes and excursions.

How To Register Online

It is necessary to create an account, prior to registering for classes. To create an account for registration: Go to the City of Calabasas website, **www.cityofcalabasas.com**, click on the Winter 2018 Recreation Brochure on the right hand column, and follow the instructions for "Creating an Account" by clicking on "Online Class Registration" and then "Create an Account". If you already have an account, click on "Sign In". It is recommended that you create an account if you are a new user and get familiar with the site before registration. We suggest this if you already have an account as well. Now that our beautiful new Calabasas Senior Center has been open for over a year now, there will be additional events, clubs and recreation opportunities throughout the year. The Calabasas Senior Center includes state-of-the-art classrooms, lounges, art room, demonstration kitchen, sports room and a game room, providing a meeting place for men and women to socialize with other seniors in the community.

Please call (818) 224-1777 for information about registration for Senior programming or to become a member of the Calabasas Senior Center.

Proudly

Presented By: CITY of CALABASAS



Four Insightful Speakers Plus Coffee, Dessert, & Conversation

Location: Founders Hall, behind the Calabasas Library.

All Speeches Begin at 7:30 pm, Doors Open at 7:00 pm

Tickets: \$25.00 per individual speaking engagement.

Tickets will be available both online & in-person beginning November 15, 2017.

Tickets can be purchased online through ACTIVE.NET or in-person at the Calabasas Senior Center during regular business hours.

For more information, please visit www.cityofcalabasas.com or call (818) 224-1777



Jacqueline Berger - Friday, January 19, 2018, 7:30 pm

From Behind Closed Doors: Four Presidential Couples

A gambler who drank. A ruthless and shrewd first lady. A President who struggled with mental illness. A PhD who married an Indian Princess. These are some of the secrets and intrigue in the White House that Jacqueline Berger will reveal. She will explore the Tafts, Hardings, Wilsons and Reagans as she discusses how each of them—as individuals and as married couples—impacted American history.

Jacqueline Berger - author, historian and national speaker on C-SPAN, as well as numerous Presidential Libraries will guide us through the stories of these presidential couples in a memorable and engaging presentation.

Expect the Unexpected! **CODE: 8500.101**



Dr. Marc Milstein - Friday, February 9, 2018, 7:30 pm

The Surprising Link Between Your Gut, Your Brain and Your Health

Hear the latest breakthroughs in understanding how your gut impacts your memory, mood, anxiety, depression, your weight and aspects of your health we never imagined.

The link between your gut and your brain is one of the most exciting, revolutionary, mind-blowing areas of science and medicine today. Unfortunately, some of what is being reported is filled with inaccurate information and marketing that has little to no science behind it. Hear the scoop on what are the scientifically valid ways we can optimize our gut/brain health and what is just myth, hype and marketing. **CODE: 8500.102**



James W. Peaco III - Friday, March 2, 2018, 7:30 pm

“The Threat of Terrorism in LA — The Third Most Likely U.S. Target”

Special Agent Peaco is the FBI Los Angeles Division Weapons of Mass Destruction (WMD) Coordinator responsible for threat assessments, outreach and liaison programs that provide early detection and prevention of WMD terrorism. He focuses on rapid threat assessments, interagency operations, and Radiological Nuclear Search Operations. He has also participated in several National Level Special Events and exercises and has provided WMD training to international partners in the Balkans, Africa and Asia.

Los Angeles today is considered a main terror target behind New York and Washington, D.C. Peaco will give us an overview of the role he and his fellow agents play in safeguarding America and the challenges they often face. **CODE: 8500.103**



Sherry Lansing - Friday, March 16, 2018, 7:30 pm

“Leading Lady” Behind the Camera

The Special Speakers Series is honored to welcome Sherry Lansing to our 2018 program. Ms. Lansing will be sharing stories from her personal and professional journey in the movie industry and in her life from studio chief to major philanthropist.

During almost 30 years in the motion picture business, Sherry Lansing was involved in the production, marketing and distribution of more than 200 films including Academy Award winners **Forrest Gump** (1994), **Braveheart** (1995) and **Titanic** (1997). In 1980 she became the first woman to head a major film studio when she was appointed President of 20th Century Fox. Later, as an independent producer, Lansing was responsible for such successful films as **Fatal Attraction**, **The Accused**, **School Ties**, **Indecent Proposal** and **Black Rain**. Returning to the executive ranks in 1992, she was named Chairman and CEO of Paramount Pictures, and began an unprecedented tenure that lasted more than 12 years (1992-2005). **CODE: 8500.104**



For registration information please see page 40.

FOR FURTHER INFORMATION YOU MAY CALL 818-224-1777.



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SINGLE SESSION LECTURES/DEMONSTRATIONS

Cheers to the New Year!



SUNDAY, DECEMBER 31, 2017

6:30PM – 9:30PM

Join us to ring in the New Year
at Calabasas Senior Center

DINNER, ENTERTAINMENT + CHAMPAGNE TOAST

\$55 Members / \$66 Non-Resident

Code: 7000.101

TOMORROW IS NOW

The future of healthcare has obstacles and challenges that face us as patients and providers of care. Telemedicine, telehealth, and technological advances will provide improved access, advanced procedures, and improved quality. This will affect every one of us in our treatment and health insurance benefits. George Colman, a retired healthcare attorney, will introduce you to the clinical world of tomorrow.

Presenter: George Colman

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
7001.101	10:00am-1:00pm	T	1/16	\$2.00	\$3.00

Location: Founders Hall located behind the Calabasas Library

BURN PREVENTION FOR SENIORS

Seniors commonly have thin skin, so burn injuries are particularly devastating. This can require lengthy hospitalizations. Learn why seniors are at high risk of burn injury, how to prevent common household burns, and burn first aid.

Presenter: Debbie Karaman, Grossman Burn Foundation

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
7002.101	2:00–3:30pm	T	1/16	\$2.00	\$3.00

Location: Founders Hall located behind the Calabasas Library

SPEAKING 'FAIRLY' – MY HALF CENTURY IN BASEBALL

We will take a look at former Dodger, Ron Fairly's look back at his 50 years in the game, focusing primarily on 60's Dodgers Sandy Koufax, Don Drysdale, Maury Wills, Walt Alston, Walter O'Malley and more, along with stories about Mickey Mantle, Ted Williams, Hank Aaron, Yogi Berra and Casey Stengel. Ron Fairly played for six teams over a span of 20 years and was a baseball broadcaster for 30 years for the Angels, Giants and Mariners.

Presenter: Steve Springer

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
7003.101	1:00–3:00pm	W	1/17	\$2.00	\$3.00

Location: Founders Hall located behind the Calabasas Library

TO LIVE IS TO TRAVEL AND TO TRAVEL IS TO LIVE...

Why Travel? How to Travel? Where To Go Next? Is it Dangerous to Travel? These and other issues will be discussed by the professional traveler and travel adviser, Elena Yasno. A long-time Calabasas resident, Elena has organized thousands of trips, such as destination weddings, cruises, family travel, adventure explorations, religious pilgrimages and more. Bring your questions and learn a lot about exploring the whole wide world.

Presenter: Elena Yasno

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
7004.101	10:30am–12:00pm	Th	1/18	\$2.00	\$3.00

Location: Founders Hall located behind the Calabasas Library

MEDICATION MANAGEMENT FOR SENIORS: GET THE FACTS

In this session you will learn practical guidelines to manage your daily medicines, better understand potential multiple drug interactions, hear about the latest technological tools and get practical tips to best communicate with your pharmacist and physicians. Director of Pharmacy Services for the UCLA Department of Medicine, board-certified oncology pharmacist, Melissa Dinolfo, brings more than three decades of expertise in the field of medication management.

Presenter: Melissa Dinolfo, Pharm. D. from UCSF

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
7005.101	1:00–2:30pm	Th	1/18	FREE	\$2.00

Location: Founders Hall located behind the Calabasas Library





SINGLE SESSION LECTURES/DEMONSTRATIONS (CONT.)

HOW TO ENJOY YOUR JOURNEY THROUGH LIFE

From the day we are born we are destined to die. In this informative and humor-filled session, attendees will discover how to enjoy the journey and deal with the detours along the way.

Presenter: Bernard Otis

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
7006.101	1:00-2:30pm	W	1/24	\$2.00	\$3.00

Location: Founders Hall located behind the Calabasas Library

ASK THE EXPERTS!

The Foundation for Senior Services/Senior Specialists Group, non-profit public charity, will present topics of interest from our SSG professionals. A moderator will guide the discussion and there will be time for audience Q&A. **If an Emergency Hits, Be Prepared...are your records accessible and all in one place?** Learn which medical, legal and financial documents should be readily available and how technology can be used to organize and store your important information. **Tips and Techniques for Home Safety:** Understand the potential hazards present in your home, aging's effects on the five senses and how to prepare accordingly. **Bone Health and Physical Balance Made Easy:** Learn how to make bone and joint health an overall goal and how it can improve many other aspects of your health, such as lowering blood pressure, cholesterol and blood sugar. **Anti-Aging Trends in Physical Fitness:** Understand how to benefit from new exercise science findings to improve muscular strength and mobility, enhance cognitive function, reduce pain and prevent injury and disease.

Moderator: Judy Bernstein

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
7007.101	2:00-3:30pm	F	1/26	\$2.00	\$3.00

Location: Founders Hall located behind the Calabasas Library

REFLECTIONS ON REFLUX - WHAT SENIORS NEED TO KNOW

More than 60 percent of seniors will experience some type of gastroesophageal reflux disease (GERD). UCLA Health Digestive Diseases expert, board-certified physician Rimma Shaposhnikov, MD, addresses key concerns about acid reflux. Her presentation answers the following questions: What are the signs of reflux? When do I need to seek treatment? What is the cause? What happens if left untreated? What are the best treatment options?

Presenter: Dr. Rimma Shaposhnikov specializes in Gastroenterology and Hepatology

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
7008.101	1:00-2:30pm	W	1/31	FREE	\$2.00

Location: Founders Hall located behind the Calabasas Library

WINTER NIGHT SKY

What is there to see in the winter night sky? The NightTrek Team will be discussing all the great sights to see at this time of the year, including which planets are visible with the naked eye, how to spot the International Space Station, NASA updates, future solar eclipses, and much more. This event is one hour of lecture and discussion as well as one hour of star gazing outside the library, weather permitting.

Presenter: Neill Simmons

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
7009.101	5:30-7:00pm	Th	2/1	\$6.00	\$7.00

Location: Founders Hall located behind the Calabasas Library

THE FIVE FACTORS OF AGING

A look at the five systems that will make your entire body healthier from head to toe, plus ten ways to slow aging naturally, and finally learning how to live your life and forget your age.

Presenter: Steve Pomerance, Health Wellness Coach and Integrative Pharmacist

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
7010.101	2:00-3:30pm	F	2/2	\$2.00	\$3.00

Location: Calabasas Senior Center Multipurpose Room

WHAT A PAIN IN MY NECK

Let's explore causes of neck and back pain. What are the common remedies and treatments? How do you prevent back and neck injuries/pain? What are the danger signs? What is the medical treatment and...surgery?

Presenter: Dr. Kannen Paramesh

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
7011.101	1:00-2:30pm	Th	2/8	\$2.00	\$3.00

Location: Founders Hall located behind the Calabasas Library

SLEEP DISORDERS

Insomnia: "Why can't I sleep?" Hypersomnia: "Why can't I wake up?" Discussion on the causes and treatments of narcolepsy, restless leg syndrome and sleep walking. Sleep hygiene will also be discussed.

Presenter: Dr. Kannen Paramesh

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
7012.101	1:00-2:30pm	Th	2/15	\$2.00	\$3.00

Location: Founders Hall located behind the Calabasas Library





SINGLE SESSION LECTURES/DEMONSTRATIONS (CONT.)

SEQUENCING THE GENOME

What is a Human Genome? What does "sequencing" mean? We will discuss medical advances in understanding the Genome and explore its current and possible uses in the fight against disease. We will also address the ethical issues and some of the unexpected consequences of being able to "engineer the genome."

Presenter: Burt Sigal

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
7013.101	1:00–2:30pm	Th	3/1	\$2.00	\$3.00

Location: Founders Hall located behind the Calabasas Library

AN INTRODUCTION TO GERIATRIC MEDICINE

Learn how a Geriatric Medicine Physician can address my medical needs after the age of 65. Explore this relatively new medical specialty, including highlighting its team approach, points of differentiation, areas of expertise and more. She will dispel myths about geriatric medicine and speak about key geriatric issues including dementia, memory care, falls, multiple medications, caregiving issues, geriatric healthcare policy/advocacy and more.

Presenter: Gabriela Sauder, MD, earned her medical degree from the University of Medicine "Gr. T. Popa" Iasi, Romania, and her BS in Psychology from the University of Bucharest, Romania

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
7014.101	1:00–2:30pm	F	3/9	FREE	\$2.00

Location: Founders Hall located behind the Calabasas Library

STRATEGIES FOR HEALTHY EATING: 10 GOALS TO BOOST YOUR NUTRITION AND REDUCE YOUR RISK OF CHRONIC DISEASE

Learn how you can make 10 simple changes to improve your health and reduce the risk of chronic disease such as heart disease, diabetes, obesity and high blood pressure. Learn how "changing what you eat" is the most important way for you to take control of your health, improve your energy and manage your weight. Healthy eating is your best medicine!

Presenter: Diane Nepa, Registered Dietitian

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
7015.101	10:00–11:30am	T	3/13	\$2.00	\$3.00

Location: Founders Hall located behind the Calabasas Library



EMERGENCY PREPAREDNESS

"Getting prepared? Well, it's on my list . . ." We all know that we should get prepared for an emergency, but most of us do not know where to start. This class will provide you with basic information about what to do, simple steps to get connected, and useful checklists to help you get prepared in an emergency. After a large earthquake, emergency services will be impacted, so a rule of thumb is for people to take care of each other for at least 3 days preferably 10 days before help arrives.

Presenter: Captain Harper, LACoFD

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
7016.101	10:00am–12:00pm	F	3/23	Free	Free

Location: Founders Hall located behind the Calabasas Library

THE 15 WORST NUTRITION MYTHS

These days it's hard to separate fact from fiction when it comes to nutrition. I will debunk the most common myths and give you science-backed resources to help you discover more about the truth, plus some of the best health enhancing food to help you look and feel better.

Presenter: Steve Pomerance, Health Wellness Coach and Integrative Pharmacist

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
7017.101	2:00–3:30pm	F	3/23	\$2.00	\$3.00

Location: Calabasas Senior Center Multipurpose Room

SIMPLE CPR AND FIRE EXTINGUISHER TRAINING

Learn how to give "hands only" CPR. Anyone can learn how to do it! It is designed to give people the basic skills needed to save a family member, friend or person in need. It only takes a few minutes and you can be a lifesaver!! Learn how to extinguish a fire using a fire extinguisher and a simulated fire. You will learn the P.A.S.S. system – Pull the pin, Aim the nozzle, Squeeze the handle and Sweep the base of fire.

Presenter: Captain Harper, LACoFD

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
7018.101	10:00–11:00am	F	3/30	Free	Free

Location: Founders Hall located behind the Calabasas Library





ENTERTAINMENT

OUR MUSICAL HERITAGE

This program includes songs, stories, sing-alongs, videos and photos featuring the real oldies but goodies including *It Had to Be You, Chicago, My Gal Sal, Nevertheless, Ain't She Sweet*. **"WHERE IN THE WORLD DID THAT AMERICAN SONG COME FROM?"** features standards born in Italy, Germany, France, Israel, and other countries, including *Glow Worm, My Way, Summer Wind, Volare*. **"LATIN ROOTS – AMERICAN HITS"** features songs originally from Mexico, Spain, Cuba, Brazil, including *You Belong Amour, Girl From Ipanema*. **"FROM CLASSICAL TO THE AMERICAN MAINSTREAM"** includes music from Chopin, Tchaikovsky, Brahms, Liszt, & other masters that became standards including *I'm Always Chasing Rainbows*. **"RE-BIRTH OF THE BLUES & JAZZ"** features the pioneers & innovators like Louis Armstrong, Bessie Smith, Billie Holiday, Ethel Waters, Duke, Ella, & Cab who delivered classics including *Stormy Weather*. (5 classes). **No class 2/19.**

Presenter: Saul H. Jacobs and Bob Lipson

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
7101.101	2:00–3:30pm	M	1/22–2/26	\$45.00	\$54.00

Location: Founders Hall located behind the Calabasas Library

MUSICAL MEMORIES – A TASTE OF TIMELESS TUNES

Rick Jarrett is said by many to be one of Los Angeles' most entertaining artists. With his great voice and charisma, Rick sings each song with passion and personality. He sings standards, smooth jazz, country, old school, R&B and musical theater selections. Rick, along with his jazz band, has performed for more than 40 years, and currently entertains at assisted living homes and senior groups.

Presenter: Rick Jarrett

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
7102.101	2:00–3:30pm	Th	1/25	\$7.00	\$8.00

Location: Founders Hall located behind the Calabasas Library

COMEDY MAGIC SHOW WITH JIMMY H

Jimmy H's Comedy Magic Show incorporates magic, music, illusions, comedy & audience participation into a lively and festive experience. Armed with radiating energy and an infectious smile Jimmy H will have you astonished and in stitches! His warmth, talent and humor make his magic unbeatable.

Presenter: Jimmy Holguin

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
7103.101	3:00–4:15pm	Th	2/1	\$10.00	\$12.00

Location: Founders Hall located behind the Calabasas Library

STEVE WADDINGTON SINGS "FROM RAT PACK TO ROCK & ROLL"

Steve Waddington's show is exciting, entertaining and filled with variety. He sings Dean Martin and Frank Sinatra so well, he's like a one-man Rat Pack! And he brings the same level of dedication and professionalism to ALL of the voices and characters he emulates. His Johnny Cash is worthy of its own tribute show with his big baritone voice, his Neil Diamond sounds just like Neil, with his overly-dramatic flair and velvety-smooth voice, and his Elvis is somewhat legendary, having met the King himself in 1976! The Johnny Rivers segment faithfully re-creates the Whiskey A-GO-GO live album! He even adds Glen Campbell's Wichita Lineman and Merle Haggard's Silver Wings for a touch of country class. During the course of a show, the audience will be delighted hearing their favorite songs and watching this performer entertain. Steve doesn't sing AT his audience, he sings WITH them! He has a relaxed charm, a quick wit and makes everyone feel like they are part of an event. No matter what the venue, he creates a party atmosphere. You will LOVE this show!

Presenter: Steve Waddington

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
7104.101	3:30–4:45pm	T	2/6	\$10.00	\$12.00

Location: Founders Hall located behind the Calabasas Library

CELEBRATE WITH THE VILLAGE KLEZMER BAND!

Lively, fun, meaningful and poignant! The six-member Village Klezmer Band blends Jewish celebration music from the Eastern European tradition with humor and narrative. A great first experience for listeners new to the Klezmer style. Seasoned Klezmer fans will be wowed by the tune-packed set list which includes Sephardic and Hebrew melodies, Yiddish theater and popular crossover songs.

Presenter: Village Klezmer Band

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
7105.101	3:30–4:45pm	T	2/13	\$10.00	\$12.00

Location: Founders Hall located behind the Calabasas Library

SYMPHOMANIAX

The Symphomaniax is the flagship live performance musical ensemble representing the San Fernando Valley Symphony Orchestra. This quartet, composed of violin, guitar, cello and bass, features an eclectic repertoire that ranges from classical works by Bach to contemporary music by The Beatles. Frequently heard in concerts and entertainment programs, The Symphomaniax add color and a touch of class to any musical gathering.

Presenter: James Domine & his Band Members

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
7106.101	2:00–3:30pm	Th	2/22	\$8.00	\$10.00

Location: Founders Hall located behind the Calabasas Library





ENTERTAINMENT (CONT.)

GIRL POWER! L.A. PARTY DOLLS' TRIBUTE TO THE GREATEST 60'S GIRL GROUPS

The Dolls have vowed to keep The Crystals, The Chiffons, Shangri-La's, The Supremes, and Aretha songs alive! Their passionate vocals, cheeky humor and beloved audience participation are mainstays of their show. GIRL POWER features live singing and choreographed dancing to multimedia video and audio. Featuring the top hits of the 60's girl groups and Motown, the L.A. Party Dolls engage the audience with great music and visuals from the fabulous 60's!

Presenter: L.A. Party Dolls

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
7107.101	3:00–4:15pm	Sat	3/3	\$15.00	\$18.00

Location: Founders Hall located behind the Calabasas Library

OUR 1970'S: "YOU WERE THERE!"

An entertaining and informative multimedia series, this time with songs, stories, sing-alongs, videos and photos. Included are new musical styles of the decade – remember Disco? Reggae? Glam Rock and even Hip-Hop! The course covers pop, R&B, rock, and country artists and groups who arrived or peaked in the 1970's. (3 classes).

Presenters: Saul H. Jacobs and Don Digirolamo

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
7108.101	2:00–3:30pm	M	3/5–3/19	\$30.00	\$36.00

Location: Founders Hall located behind the Calabasas Library

FROM OPERA TO BROADWAY AND THE SILVER SCREEN

Time and again, modern Broadway and movies have turned to the world of opera for timeless themes and profound human stories. Through live performance of music from works like Romeo et Juliette and Westside Story, Madama Butterfly and Miss Saigon, La Boheme and Rent, and La Traviata and Pretty Woman, we'll explore these striking connections.

Presenter: Center Stage Opera

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
7109.101	1:00–2:30pm	Th	3/8	\$10.00	\$12.00

Location: Founders Hall located behind the Calabasas Library

THE VIOLIN AND ENTERTAINMENT ARTISTRY OF BOB RYMAN

From Bach to the Beatles, from Fiddler on the Roof to Fascination, from Debussy to Doo-Wop, get ready for Bob Ryman! Amazing violin artistry and red-hot fiddling are Bob's trademarks. Enjoy an afternoon of fun and music with Bob as he takes his audience on a musical journey with a repertoire that includes Jewish, Italian, Irish and Gypsy tunes, as well as hits from the 50's and 60's.

Presenter: Bob Ryman is a classically trained violinist

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
7110.101	1:00–2:30pm	W	3/14	\$6.00	\$7.00

Location: Founders Hall located behind the Calabasas Library

MAGIC FOR SAVVY SENIORS

Magic is a great way to thrill not only your grandchildren, but your friends as well. This class will be devoted to close up magic. You will learn the basics of card and coin magic. By the end of this class you will be able to do several card and coin tricks. The only materials you will have to bring are 1) 2 quarters 2) a deck of cards and 3) paper to take notes on.

Presenter: Bill Frankenstein, member of Magic Castle for over 30 years

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
7111.101	3:30–4:30pm	Th	3/15	\$2.00	\$3.00

Location: Calabasas Senior Center Multipurpose Room

MOZART: THE SHAKESPEARE OF MUSIC

Mozart's achievement in opera can in fact be compared only with that of Shakespeare, who gave his characters the reality of living human beings: eternal types, and yet completely living embodiments of those types. CSO Artistic Directors will demonstrate this truth through performance of Mozart's music and exposition of Mozart's operatic creations.

Presenter: Center Stage Opera

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
7112.101	1:00–2:30pm	W	3/21	\$10.00	\$12.00

Location: Founders Hall located behind the Calabasas Library

AN AFTERNOON OF COMEDY AND MUSIC

Join us for an afternoon of clean comedy and funny music as we welcome professional comedian, Jason Love. Jason has appeared on numerous national TV broadcasts, including "Last Comic Standing" and "America's Got Talent". He also performs overseas for the troops and is a regular on Royal Caribbean Cruise Lines. Come see a Hollywood-quality show without leaving home or fighting traffic. To quote L.A. Weekly, "Jason Love is comedy that brings people together."

Presenter: Jason Love

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
7113.101	3:00–4:30pm	Th	3/22	\$10.00	\$12.00

Location: Founders Hall located behind the Calabasas Library

FITNESS

GENTLE YOGA FOR SENIORS

This class is designed especially for you and your own personal abilities. Yoga will decrease your stress, align your body and bring relaxation and rejuvenation into your life. **A yoga mat is required.** (10 classes). **No class 1/15 & 2/19.**

Instructor: Ann Monahan

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
7201.101	10:00–11:00am	M	1/8–3/26	\$66.00	\$80.00
7201.102	10:00–11:00am	W	1/17–3/21	\$66.00	\$80.00

Location: Founders Hall located behind the Calabasas Library



FITNESS (CONT.)

SAVVY SENIOR FITNESS

This is a fun and challenging workout to "oldies" style music. It is a strength-conditioning class using weights and bands, which will increase your strength and endurance as you burn calories. It will also improve your posture, bone density and balance. *Please bring 1-4 lb. hand weights and a mat. The bands will be provided by the instructor. (10 classes). **No class 1/15 & 2/19.**

Instructor: Trissa Nicholson

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
7202.101	11:15am-12:15pm	M	1/8-3/26	\$60.00	\$72.00

Location: Founders Hall located behind the Calabasas Library

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
7202.102	11:15am-12:15pm	W	1/17-3/21	\$60.00	\$72.00
7202.103	11:15am-12:15pm	Th	1/18-3/22	\$60.00	\$72.00

Location: Calabasas Senior Center Multipurpose Room

YOGALATES FOR SENIORS

Yogalates combines core and back strengthening exercises with the relaxation of yoga stretches. This class is done on a mat and will be designed for the needs and abilities of each individual. Bring a mat, wear loose clothing and watch your strength and alignment improve. (10 classes).

Instructor: Ann Monahan

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
7203.101	9:00-10:00am	W	1/17-3/21	\$66.00	\$80.00

Location: Founders Hall located behind the Calabasas Library

DANCING CHAIR YOGA THERAPY

Do you want better balance, strength, and range of motion? Are you afraid of falling or do you have mobility issues keeping you from trying yoga? Don't be afraid! Try low-impact Dancing Chair Yoga! It combines the abundant benefits of stretching and dancing in a safe, seated position. Rather than push your tight muscles too far, we'll move within your comfort level. This class is for seniors and anyone who wants to bring joy and fun back into exercise. (8 classes).

Instructor: Jenny Suzdaltsev

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
7204.101	2:00-3:00pm	W	1/17-3/7	\$64.00	\$77.00

Location: Calabasas Senior Center Art & Multipurpose Room

COUNTRY LINE DANCING

Come learn easy Country Line Dancing while having great fun and meeting new friends! Perfect exercise and good for all ages. Mike is an award-winning dancer and instructor with over 35 years of experience. (10 classes)

Instructor: Mike Bendavid

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
7205.101	3:30-4:30pm	W	1/17-3/21	\$88.00	\$106.00

Location: Calabasas Senior Center Art & Multipurpose Room

FITNESS (CONT.)

DANCE EXPRESS

Have fun rocking to easy-to-follow dance fitness routines: Latin, Old School Hip Hop, Bollywood, African, Country Line Dancing and more! These classes will rev-up your metabolism, keep your heart healthy, increase bone density and foster flexibility! Kick up your heels, pick up a few hot dance moves, groove to the music and feel great! I'll share my playlist and videos of our routines for your convenience. (10 classes).

Instructor: Shannon Vegun

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
7206.101	10:00-11:00am	Th	1/18-3/22	\$75.00	\$90.00

Location: Calabasas Senior Center Multipurpose Room

BALLROOM DANCING

Anyone can learn to dance. Come join Irit, an enthusiastic and popular instructor, as she teaches various forms of dance including cha-cha, swing, and tango, just to mention a few. Couples and singles are welcome to enjoy this fun and easy opportunity to exercise. And who knows? Maybe someday you'll appear on Calabasas' Dancing with the Stars! (10 classes).

Instructor: Irit Barak

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
7207.101	1:00-2:00pm	Th	1/25-3/29	\$40.00	\$48.00

Location: Calabasas Senior Center Multipurpose Room

COOKING

No refunds for cooking classes unless your spot can be filled from a waitlist.

COOKING WITH TRADER JOE'S

It's back by popular demand! We are bringing new recipes to this class and all the ingredients can be found at Trader Joe's. TJ's is such an amazing grocery store, which will make your life easier with its fresh produce and pre-made dishes, to name a few. Patty will share her favorites, teach you shortcuts, and help you create the best dishes for entertaining.

Instructor: Patty Limatola-Tanenbaum

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
7301.101	2:00-4:00pm	W	1/31	\$50.00	\$60.00

Location: Calabasas Senior Center Multipurpose Room

COOKING AND BAKING AT CHEZ ANNICK

Parisian Cook Annick Harrison will share her skills and techniques in preparing healthy, easy and simple food. Recipes will draw on her French roots, flavored with accents from her mother's Mediterranean heritage. Students will have the opportunity for hands-on experience. (2 classes).

Instructor: Annick Harrison

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
7302.101	2:30-4:30pm	Th	2/15 & 3/8	\$65.00	\$78.00

Location: Calabasas Senior Center Multipurpose Room



COOKING (CONT.)

SPRING SOUPS AND SALADS

Soup does not have to be consumed only in the winter. Using fresh vegetables and unique recipes, Patty will share some of her favorite soup, salad and side dish recipes.

Instructor: Patty Limatola-Tanenbaum

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
7303.101	2:00–4:00pm	W	2/21	\$50.00	\$60.00

Location: Calabasas Senior Center Multipurpose Room

SPRING APPETIZERS

Come to class ready to eat and learn easy and delicious appetizer recipes to prepare for your next gathering. Patty will be making some of her all-time favorite appetizers to help make entertaining easier.

Instructor: Patty Limatola-Tanenbaum

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
7304.101	2:00–4:00pm	W	3/14	\$50.00	\$60.00

Location: Calabasas Senior Center Multipurpose Room

TECHNOLOGY

IPHONE PHOTOGRAPHY

Yes, your iPhone pictures are good, but great ones are possible! More pixels do not guarantee an outstanding photograph, but this class will. iPhone photography is becoming an art form, and this class will put you ahead of the curve. Learn tips and tricks from a professional photographer by exploring photography basics of composition, lighting and editing right on your device. **Bring your iPhone. Requirement: iOS11 (operating system).** (3 classes).

Instructor: Tracie Karasik

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
7401.101	1:00–2:30pm	W	1/24–2/7	\$39.00	\$47.00

Location: Calabasas Senior Center Conference Room

LEARN BASIC EXCEL SPREADSHEET

Learn the basic skills necessary to create and manage an electronic spreadsheet! Through these skills we will build a membership directory and track ticket sales for an 'event'. This is an introductory class; however, participants are expected to know how to save and open files and how to generally move around the screen with a mouse. (2 classes)

Instructor: Stuart Levitt

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
7402.101	11:15am–12:45pm	Th	1/25 & 2/1	\$15.00	\$18.00
7402.102	11:15am–12:45pm	Th	3/15 & 3/22	\$15.00	\$18.00

Location: Calabasas Library Computer Lab

TECHNOLOGY (CONT.)

TRAVELING APPS

Whether traveling in the U.S., abroad or cruising, these apps will help you have a better trip. You will learn to translate signs, convert currency, find the best way to get around, and discover the perfect restaurant. Some apps will help as you prepare for your trip and some will help while on your trip.

Instructor: Stacie Cayne

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
7403.101	10:00–11:30am	F	1/26	\$20.00	\$24.00

Location: Calabasas Senior Center Conference Room

INTRODUCTION TO FACEBOOK FOR BEGINNERS

Everyone but you is on Facebook! Now it's your turn. Stay connected with family, friends and reconnect with old schoolmates or people with whom you have lost touch. You will learn how to create, use and maintain your own Facebook page. (2 classes).

Instructor: Stacie Cayne

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
7404.101	2:00–3:30pm	F	2/16 & 2/23	\$40.00	\$48.00

Location: Calabasas Senior Center Conference Room

MUSIC

INTRODUCTION TO UKULELE AND HAWAIIAN OPEN-TUNED GUITAR

This class will introduce students to the easily played ukulele. It will be assumed that all students are beginners and the class will proceed slowly and at a relaxed pace. Along the way we will discuss the role of these instruments in Hawaiian culture. Students will start out slowly, learning a few notes at a time on the ukulele. By the end of the class, you will be able to play a simple melody and basic chords. (8 classes).

Instructor: James Swing

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
7501.101	4:00–5:00pm	T	1/16–3/6	\$98.00	\$118.00

Location: Calabasas Senior Center Conference Room

HISTORY OF THE BLUES

This course is designed to present a historical view of the blues as a unique American musical art form. Students will increase their knowledge, understanding, and appreciation of the blues through a sequence of progressive lectures that explain its beginnings in the Mississippi delta in the 1920's, the migration north into urban settings in the depression era, its transformation into rhythm and blues in the 1940's, and its arrival in the rock idiom in the 1950's. (9 classes).

Instructor: James Domine

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
7502.101	1:00–2:30pm	T	1/23–3/20	\$50.00	\$60.00

Location: Founders Hall located behind the Calabasas Library



MUSIC (CONT.)

OPERA: THE GREATEST PERFORMING ART

A fully-staged opera encompasses so much of what great performing art is all about. Have you ever wondered how a great opera is created? Where do composers get their inspiration? What are some of the many characteristics of great opera? What other music have opera composers written? We answer all these questions and more. (8 classes). **No class 2/8.**

Instructor: Steve Kohn

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
7503.101	9:30–11:00am	Th	1/25–3/22	\$15.00	\$18.00

Location: Founders Hall located behind the Calabasas Library

FINE ARTS

ART IN ROME

The Eternal City of Rome unfolds before us as we explore some of her beloved paintings, sculptures, mosaics and architecture. The grandeur of the ancient empire, sacred medieval churches, stately papal collections, charming fountains and monumental sights will entrance you as history comes to life each week. (6 classes). **No class 2/19.**

Presenter: John Paul Thornton

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
7550.101	5:30–7:00pm	M	1/22–3/5	\$30.00	\$36.00

Location: Founders Hall located behind the Calabasas Library

ART UNCOVERED

Like a detective story uncovering hidden treasure, this course excites the senses by focusing on global artworks, paintings and sculptures which remain unknown and often overlooked by the general public. Through gorgeous images, dynamic speaker John Paul Thornton shines light into the true stories of passionate artists whose little-known creative visions are worthy of admiration. (8 classes).

Presenter: John Paul Thornton

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
7555.101	10:00am–12:00pm	F	1/26–3/16	\$38.00	\$46.00

Location: Founders Hall located behind the Calabasas Library

ART IN FRANCE: CRUISING THE RIVER SEINE

From the bridges of Paris to the medieval city of Rouen to the fishing village of Honfleur...Northern France reveals her history and charm as we explore the waterway leading from the City of Lights to the beaches of Normandy. We trace the footsteps of Monet, Van Gogh and the Impressionist painters who devoted their lives to capturing the effects of light glistening on water. Join John Paul Thornton on the visually gorgeous and emotionally moving one-night presentation.

Presenter: John Paul Thornton

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
7560.101	6:00–7:30pm	Th	2/8	\$12.00	\$14.00
7560.102	6:00–7:30pm	Th	2/22	\$12.00	\$14.00

Location: Founders Hall located behind the Calabasas Library

FINE ARTS (CONT.)

SHAKESPEARE'S PLAYS: A THEATRICAL APPROACH

William Shakespeare is arguably the world's greatest playwright, yet many are hesitant to explore his work because of the complex language he uses in his plays. This course will demystify Shakespeare's language and bring it to life. A theatrical approach will lift the characters off the page and present them as the living, breathing people Shakespeare intended them to be. (2 classes).

Instructor: Dr. Anthony Cantrell

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
7565.101	3:00–5:00pm	T	1/23 & 1/30	\$15.00	\$18.00

Location: Founders Hall located behind the Calabasas Library

MIND & BODY

THE ALEXANDER TECHNIQUE ADVANCED

The Alexander Technique helps you solve daily movement situations that cause discomfort by transforming stress and tension into ease and lightness. Class activities include explanations, demonstrations and personal guidance to enhance walking, bending, sitting, driving and playing a musical instrument. **Bring a mat to lie on for constructive rest.** (7 classes). **No class 2/19.**

Instructor: Shula Sendowski

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
7601.101	10:00–11:30am	M	1/22–3/12	\$35.00	\$42.00

Location: Founders Hall Multipurpose Room located behind the Calabasas Library

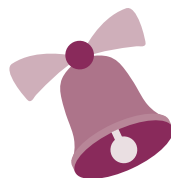
THE ALEXANDER TECHNIQUE FOR BEGINNERS

This class is designed for people who are new to the Alexander Technique. We'll focus on the Alexander Technique concepts as we apply them to daily movements like sitting, walking, bending, typing and other movements. Class will include explanations, demonstrations, self-observations, and individual guidance helping the participants to let go of stress and tension, transforming it into ease and balance. **Bring a mat to lie on for constructive rest.** (7 classes). **No class 2/19.**

Instructor: Shula Sendowski

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
7602.101	11:50am–1:10pm	M	1/22–3/12	\$35.00	\$42.00

Location: Founders Hall Multipurpose Room located behind the Calabasas Library





MIND & BODY (CONT.)

TAI CHI FOR BETTER BALANCE

The class will introduce Tai Chi, which was developed in ancient China as a means of strengthening and improving the health of students while refining their self-defense skills. The 3 instructional goals for this class are to learn the 24 movements of the Yang Style Tai Chi routine, integrate the basic abdominal breathing cycle with each movement, and experience the flow of Chi energy through the body's many channels. You will gain an understanding of how this energy is applied for healing and martial arts purposes. (7 classes). **No class 2/19.**

Instructor: Bruce McDonald

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
BEGINNER					
7603.101	2:30–3:30pm	M	1/22–3/12	\$40.00	\$48.00
INTERMEDIATE					
7603.102	3:30–4:30pm	M	1/22–3/12	\$40.00	\$48.00

Location: Calabasas Senior Center Multipurpose Room

GENTLE EXERCISES FOR STRESS RELIEF

Learn gentle, free-flowing exercises from Qigong and Tai Chi. Often called moving meditation, these arts practiced by millions of seniors in China, are an excellent way to reduce stress and develop balance, strength and flexibility. (7 classes). **No class 2/19.**

Instructor: Jim Belsley

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
7604.101	6:00–7:00pm	M	1/29–3/19	\$48.00	\$58.00

Location: Calabasas Senior Center Multipurpose Room

CREATIVE VISUALIZATION

Minimize stress, improve relaxation, and achieve higher performance and develop greater ability to focus. Enhance your health by using the senses and learn the difference between right and left brain functions. This interactive class will encourage serenity, peacefulness and emotional well-being, using a mind-body approach for maximum relaxation. (4 classes)

Instructor: Marilyn Stolzman, Ph.D.

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
7605.101	2:30–4:00pm	Th	2/1–2/22	\$60.00	\$66.00

Location: Calabasas Senior Center Conference Room

AGING WITH QUALITY

Join Dr. Jerry as he takes you down the path of longevity and helps you debunk the myths of aging. His mission is to touch the lives of his audience with the latest medical information and help them live longer and healthier **with quality**. (5 classes).

Instructor: Jerry Kornfeld, M.D., family doctor and teaching at UCLA medical schools

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
7606.101	10:00–11:30am	T	2/6–3/6	\$20.00	\$24.00

Location: Founders Hall located behind the Calabasas Library

MIND & BODY (CONT.)

MINDFULNESS AND MEDITATION SERIES – INNER IMAGERY

Group meditations will be primarily guided imagery supported by customized soundtracks and occasionally singing bowls. The latter part of the series will introduce silent meditation which will be practiced in short segments. Loose, comfortable clothing is recommended. (5 classes).

Instructor: Barbara Teller is trained in Eastern Healing Arts

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
7607.101	10:00–11:00am	M	2/26–3/26	\$65.00	\$78.00
7607.102	1:00–2:00pm	Th	3/1–3/29	\$65.00	\$78.00

Location: Calabasas Senior Center Conference Room

PERSONAL DEVELOPMENT

THE POWER OF PLAY: THE NEUROSCIENCE OF FUN

Laugh more! Play hard! Die less! An entertaining and powerful interactive series that utilizes the latest in neuroscientific research that validates the benefits of humor, laughter and creativity. Participants learn the theories of Adaptive Applied Improvisation to engage in novel, fun, and creative challenges that increase brain plasticity, while activating their inner pharmacy to strengthen overall health and well-being. (6 classes). **No class 2/15.**

Presenters: Rahla Kahn & Richard Rossner

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
7701.101	3:00–4:30pm	Th	1/18–3/1	\$135.00	\$162.00

Location: Calabasas Senior Center Multipurpose Room





PERSONAL DEVEL. (CONT.)

CAN YOU HEAR ME NOW

Three individual classes. You can take all 3 classes or the ones that you prefer.

Hearing and Communication 101 - How to identify my needs

This session is for the 'beginner' to learn how to detect if you have a hearing loss or communication deficit, where to go, what to expect and how to choose the appropriate professional to find a solution for your individual needs. At the end of this session, you will know how to determine if you need to be tested, what is covered by insurance, what types of professionals to go to, what to expect from the visit, how to interpret and understand your test results and where to find the solutions.

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
7702.101	10:00–11:00am	F	1/19	\$2.00	\$3.00

Location: Calabasas Senior Center Multipurpose Room

Hearing technology 102 - What technology options are available

This session is designed for someone who has already attended Session 1. This session will address the various options available once a hearing or communication deficit is identified, where to go, what is covered by insurance and how to decide what's best for your individual situation. We will cover the various technologies from hearing aids, to telephones, to assistive devices, to accessories. We also will cover the different sizes, styles, options of hearing aids, Bluetooth devices, telephones, etc. and where to find your best solution. Prices, financing and insurance options will be reviewed.

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
7702.102	10:00–11:00am	F	1/26	\$2.00	\$3.00

Location: Calabasas Senior Center Multipurpose Room

Hearing Troubleshooting: 103 - How to make the most of my technology

This session is designed for someone who has already attended Session 2 and/or has already been fitted with hearing devices. This session will assist you in learning how to get the maximum benefit from the technology you are using. You have already invested in hearing aids or assistive devices in your home. Are you doing well? If not, what can you do to be sure that your devices are working up to specifications, what your audiologist or hearing aid dispenser can help you with and what the manufacturers of the devices can offer.

Instructor: Iris Stone, Audiologist

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
7702.103	10:00–11:00am	F	2/2	\$2.00	\$3.00

Location: Calabasas Senior Center Multipurpose Room

CONVERSATIONAL SPANISH

Have fun taking conversational Spanish while also finding out about cultural aspects of Latin America. Learn about the culture through music, literature, poetry and history. Also, we will learn basic grammar concepts, vocabulary and practice speaking the Spanish language. (8 classes). **No class 2/19.**

Instructor: Angel Lerma

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
7703.101	5:30–8:00pm	M	1/22–3/19	\$98.00	\$118.00

Location: Calabasas Senior Center Conference Room

THE WAR ON TERRORISM: HISTORY, CULTURE, AND U.S. POLICY

A history of the War on Terrorism from 2001 to today. Among the topics this course will cover are: the jihadist movement in the Middle East, its religious justifications and cultural and historical roots; specific leaders and events; the birth of al-Qaeda and ISIS; the Arab Spring; the wars in Iraq and Afghanistan; the death of Bin Laden, the Syrian Civil War; and U.S. military response and foreign policy. Included will be the personal stories of CIA cases officers, U.S. Navy SEALs, private military contractors, and others who have participated in the War on Terrorism. Discussed will be my bestselling books – “Jawbreaker”, “Inside SEAL Team Six”, “Zero Footprint”, and “Left of Boom”. (2 classes).

Presenter: Ralph Pezzullo

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
7704.101	10:30am-12:00pm	T	1/23 & 1/30	\$15.00	\$18.00

Location: Founders Hall located behind the Calabasas Library

UCLA MEMORY TRAINING PROGRAM

Can't remember where you parked? Forgot why you walked into the room? During these four brain-stimulating, fun-filled weeks learn about developing good memory habits and techniques to improve your memory. Methods are based on research and proven to be beneficial long term. Space is limited, register early! (4 classes).

Instructor: Bonnie Shoemaker

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
7705.101	1:00–3:00pm	T	1/30–2/20	\$55.00	\$66.00
7705.102	1:00–3:00pm	W	2/28–3/21	\$55.00	\$66.00

Location: Calabasas Senior Center Conference Room

THE FACE OF GRIEF

When grief takes over our lives, we feel anything but normal. Learning about grief and loss can help us feel less out of control during difficult times. Helping to normalize the grieving process is the purpose of this informative, interactive workshop. This class will provide participants with valuable information and understanding about their own grief response. (2 classes)

Presenter: Ilene Blok

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
7706.101	1:00–3:00pm	M	2/5 & 2/12	\$25.00	\$30.00

Location: Calabasas Senior Center Conference Room





PERSONAL DEVEL. (CONT.)

ADVENTURE TRAVEL – TO THE TOP OF THE WORLD AND BACK

The series of five multi-media presentations transports attendees to the summit of Mt. Kilimanjaro; the no-man’s land around Chernobyl Nuclear Reactor, the “happy” Kingdom of Bhutan; former battlefields of Vietnam, Laos and Cambodia; and the remnants of Jewish towns and villages in Ukraine. The class includes practical advice on adventure travel, original photo exposition and Q/A sessions. (5 classes).

Instructor: Igor Yasno

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
7707.101	3:00–4:00pm	T	2/27–3/27	\$40.00	\$48.00

Location: Founders Hall located behind the Calabasas Library

TAXES IN RETIREMENT

This class focuses on minimizing taxes in retirement. You will understand the tax rules we live under, identify the misconceptions about taxes in retirement, and become familiar with the tools and strategies available to middle income retirees and the political sticking to the actionable. (2 classes).

Instructor: Edward Albrecht

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
7708.101	1:00–2:30pm	T	3/13 & 3/20	\$5.00	\$6.00

Location: Calabasas Senior Center Conference Room

STRATEGIES FOR MAXIMIZING SOCIAL SECURITY BENEFITS

Two out of three retirees get 50% of their income from Social Security. Yet most do not understand their options. They rely on advice (often inaccurate) from friends, family, and even the SSA. Ten billion dollars of Social Security benefits go unclaimed annually. This two-session presentation and discussion will leave you better prepared to make the best decisions for yourself. (2 classes).

Presenter: Dick Bell

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
7709.101	1:00–2:00pm	Th	3/15 & 3/22	\$5.00	\$6.00

Location: Founders Hall located behind the Calabasas Library

UCLA MEMORY BOOSTER CLASS

A newly-developed booster session designed to review memory techniques taught in the four-week course. Additional new techniques included. Open only to those who have previously completed the four-week course.

Instructor: Bonnie Shoemaker

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
7710.101	1:00–3:00pm	Th	3/22	\$10.00	\$12.00

Location: Calabasas Senior Center Conference Room

HOBBIES & INTERESTS

CURRENT DEVELOPMENTS IN THE LAW

Federal, state, and municipal laws are constantly changing in order to reflect current trends, philosophies, and ideologies. It is incumbent upon us to understand these changes and their consequences, as well as the new rights and duties imposed upon us by the latest legislation. These new laws will be addressed in the interactive course. (8 classes).

Instructor: Mark E. Joseph

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
7801.101	10:00–11:00am	T	1/16–3/6	\$10.00	\$12.00

Location: Calabasas Senior Center Multipurpose Room

CANASTA

Canasta is a card game of luck, skill, and diverse strategies. The game is played with 4 players, 2 teams of 2. It is challenging and social. Modern American Canasta is played with 2 decks of cards, teams forming melds and canastas earning necessary points to win. Learn Canasta in a relaxed and fun atmosphere. (6 classes).

Instructor: Wendy Koblick

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
7802.101	10:00am–12:00pm	T	1/16–2/20	\$80.00	\$96.00

Location: Calabasas Senior Center Conference Room

CONTAINER GARDENING

These classes will focus on making creative container gardens. Each class includes supplies for one planting project. Types of plants used: succulents, annuals, perennials and herbs.

Instructor: Shar Lugo

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
7803.101	3:00–4:00pm	T	1/16	\$11.00	\$13.00
7803.102	3:00–4:00pm	T	2/20	\$11.00	\$13.00
7803.103	3:00–4:00pm	T	3/20	\$11.00	\$13.00

Location: Calabasas Senior Center Multipurpose Room 1

ACTING FOR FUN

Let’s do skits, improvisations, pantomimes, and acting games. Feel confident expressing and creating while in a supportive and exciting environment. All that is required is your presence and ability to have fun in what you do. (8 classes)

Instructor: Anita Jackman

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
7804.101	3:00–4:30pm	T	1/16–3/6	\$60.00	\$72.00

Location: Calabasas Senior Center Multipurpose Room





HOBBIES & INTERESTS (CONT.)

HOT TOPICS / CURRENT EVENTS DISCUSSION GROUP

An open discussion of current and generally important domestic and international issues selected by the participants. A lively open interactive discussion is encouraged and diversity of opinion is respected. (9 classes).

Moderator: Howard Somberg

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
7805.101	3:30-5:00pm	T	1/16-3/13	\$20.00	\$24.00

Moderator: Scott Miller

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
7805.102	3:30-5:00pm	Th	1/18-3/15	\$20.00	\$24.00

Location: Calabasas Senior Center Art Room

MAH JONGG INTRODUCTION

Come learn the fun and popular game of Mah Jongg. Helaine has successfully taught over 300 people this sociable and challenging game. Class is limited to 7 students. (5 classes).

Instructor: Helaine Gesas

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
7806.101	10:00am-12:00pm	Th	1/18-2/15	\$100.00	\$120.00

Location: Calabasas Senior Center Card Room

MAH JONGG (CONTINUING)

Improve your Mah Jongg skills and learn to play more defensively in five 2-hour sessions taught in a friendly atmosphere. This class is limited to 7 students. Register early! (5 classes).

Instructor: Helaine Gesas

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
7807.101	1:00-3:00pm	Th	1/18-2/15	\$100.00	\$120.00

Location: Calabasas Senior Center Card Room

BASIC CREATIVE PHOTOGRAPHY

Be part of the fun and improve your skills while creating exciting images. Improve the quality of your photographs as we explore how to better understand and apply the functions of your camera, learn composition and how lighting conditions can be used to your best advantage. Beginning and intermediate skill levels. Bring your favorite camera. (8 classes). **No class 2/22.**

Instructor: Patrick Ralston

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
7808.101	3:00-5:00pm	Th	1/18-3/8	\$65.00	\$78.00

Location: Calabasas Senior Center Multipurpose Room

THE JOY OF SINGING

We will warm up our voices and then sing to our heart's content with a variety of music from swing to pop to... well, you will make some of the choices. If you love to sing, we will need you to warble with us. (6 classes). **No class 2/19.**

Instructor: Marquita Waters

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
7809.101	1:30-2:30pm	M	1/22-3/5	\$56.00	\$67.00

Location: Calabasas Senior Center Multipurpose Room

UNDERSTANDING YOUR VOICE/SOLO SINGING

In this class we will understand how the voice and breathing muscles work, do exercises to strengthen these muscles as well as sing solos. (Solos are not mandatory). (6 classes).

Instructor: Marquita Waters

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
7810.101	12:00-1:30pm	M	1/22-3/5	\$60.00	\$72.00

Location: Calabasas Senior Center Multipurpose Room

BETTER TRAVEL & FAMILY PHOTOGRAPHY FOR BEGINNERS

A 2-session course that covers the basics of photography. It is designed for individuals that want to improve their photography skills. It is assumed that students will either have a relatively recent smartphone or DSLR camera. Session 1 topics will include composition, lighting, the technical aspects of photography and how it all works together, along with examples. At the end of Session 1 students will be given a photographic assignment to complete. Session 2 will review and build on Session 1 principles. Students will critique their own work. (2 classes).

Instructor: Patrick Garrett

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
7811.101	3:00-4:30pm	T	1/23 & 1/30	\$25.00	\$30.00

Location: Calabasas Senior Center Multipurpose Room

BEGINNING BRIDGE 2

This class is designed to improve bidding and playing skills for beginner level players. The emphasis will be on playing and on the introduction to a few basic conventions which are essential to facilitate communication between partners while enjoying the game. (6 classes).

Instructor: Diana Varol

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
7812.101	10:30am-12:00pm	W	1/24-2/28	\$80.00	\$96.00

Location: Calabasas Senior Center Conference Room





HOBBIES & INTERESTS (CONT.)

BEGINNING BRIDGE 1

Bridge is a game enjoyed by millions of players all over the world. This class is specially designed to make the game easy to follow for beginners. It will keep the wheels of your brain turning and you will be totally captivated by this great game. (6 classes).

Instructor: Diana Varol

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
7813.101	10:30am–12:00pm	Th	1/25–3/1	\$80.00	\$96.00

Location: Calabasas Senior Center Conference Room

TED TALK – DISCUSSION GROUP

TED stands for Technology, Engineering, and Design. It is an organization dedicated to encouraging and disseminating creative thinking in a wide array of disciplines. The TED talks are brief – 10-25 minutes in length – and cover a very wide range of topics (mercifully, no politics). We will show a talk and have a follow-up discussion of the material presented in the talk. Discussion participation is optional. (4 classes).

Moderator: Bill Davis

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
7814.101	1:00–2:30pm	W	2/7–2/28	\$10.00	\$12.00

Location: Founders Hall located behind the Calabasas Library

CANASTA CONTINUING

Have you learned basic canasta? This class will teach you how to do the special hands known as “splashes.” Learn how to recognize these hands and to achieve the challenges and rewards that come with earning these high point value hands. Splashes include pairs, jokers and wild cards, garbage hand, A’s and 7’s and more. (4 classes).

Instructor: Wendy Koblick

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
7815.101	10:00am–12:00pm	T	2/27–3/20	\$80.00	\$96.00

Location: Calabasas Senior Center Conference Room

ARTS & CRAFTS

ART INSTRUCTORS “MEET & GREET” DECEMBER 18TH AT 3:00–5:00PM

Come and meet all the art instructors who teach the interesting art classes we offer at the Calabasas Senior Center! Our instructors come from a wide variety of professional backgrounds and work in a myriad of mediums. See their artwork and get to know them personally on the afternoon of December 18th at 3 o’clock. Discover all they have to offer to bring out the artist in you! Meeting the art teachers will help you select the best class for you. Tea and cookies will be served.

Location: Calabasas Senior Center Art Room

ARTS & CRAFTS (CONT.)

COLORED PENCILS FOR CONTINUING STUDENTS

Continue to experiment with colored pencils and mixed media. Individual instruction will guide you through projects of your own choosing as you explore the techniques and subject matter that interest you on your way to your artistic goals. (8 classes)

Instructor: Arlene Weinstock

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
7901.101	9:30–11:30am	T	1/16–3/6	\$66.00	\$79.00

Location: Calabasas Senior Center Multipurpose Room

MIXED WATER MEDIA II

Bring out your creative self and join Otis Art Institute’s “Teacher of the Year” in this water media class that will nurture your creativity. Students will combine watercolor paints with other paints and materials. You will learn many techniques including making textures, collaging with rice paper and pouring paint. Materials list will be given at the first class. Please bring to the first class a pencil, sketchpad and any watercolor supplies you have. (8 classes). **No class 1/23 & 3/13.**

Instructor: Deborah Swan-McDonald

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
7902.101	9:30am–12:00pm	T	1/16–3/20	\$78.00	\$94.00

Location: Calabasas Senior Center Art Room

COLORED PENCILS FOR BEGINNERS

Learn to get rich color on paper with a perfectly transportable medium. People who like to draw will learn to handle this versatile tool for making art. Expand your imagination, learn how color works, and have fun! Materials and supply list will be distributed on the first day of class. (8 classes).

Instructor: Arlene Weinstock

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
7903.101	10:00am–12:00pm	T	1/16–3/6	\$66.00	\$79.00

Location: Calabasas Senior Center Multipurpose Room

MIXED WATER MEDIA I

Introduction to various water media will include using transparent watercolor, gouache, acrylic, ink and more. Subject matter will range from the realistic to the abstract. Students will discover a variety of techniques to create exciting special effects. Please bring to the first class a pencil, sketch pad and any watercolor supplies you have. (8 classes). **No class 1/23 & 3/13.**

Instructor: Deborah Swan-McDonald

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
7904.101	12:30–3:00pm	T	1/16–3/20	\$78.00	\$94.00

Location: Calabasas Senior Center Art Room



ARTS & CRAFTS (CONT.)

BEGINNING DRAWING 1

Stop-Look-See-Draw. Drawing is a skill as much about seeing as drawing and you can have fun learning the basics: line, shape, and form. Through demonstrations and exercises students explore contour line, perspective, scale and positive/negative space while using traditional drawing materials. Bring a pencil and sketch or drawing paper pad to the first class. (8 classes).

Instructor: Arlene Weinstock

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
7905.101	1:00–2:30pm	T	1/16–3/6	\$66.00	\$79.00

Location: Calabasas Senior Center Multipurpose Room

3D SCULPTURAL PAINTING (BEGINNERS TO ADVANCED)

This class combines painting in acrylics with dimensional mediums such as air-dried clay, found objects, modeling paste, and much more to create a unique and exciting realistic or abstract 3D Sculptural Painting. The instructor will guide each student step-by-step at their particular level. Students will receive a material list prior to class. (8 classes).

Instructor: Beverly Barris

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
7906.101	9:30am–12:00pm	W	1/17–3/7	\$78.00	\$94.00

Location: Calabasas Senior Center Art Room

EXPRESSIONISTIC MIXED MEDIA PASTEL

Free yourself up by taking your pastel to another level. We'll be working with charcoal, pastel and other mixed media materials to create an expressive floral still life. We'll start by creating a substrate using stream of consciousness writing and then smudge away to give us our final base to create our pastel mixed media on top. Small exercises included that will help you relax to create. This class will leave you energized and ready to create in any medium with a few new tricks in your back pocket. Bring your own pastels... all other materials included. (2 classes).

Instructor: Valerie Weller

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
7907.101	1:00–4:00pm	W	1/17 & 1/24	\$75.00	\$90.00

Location: Calabasas Senior Center Art Room

BEGINNING AND INTERMEDIATE LEVEL WATERCOLORS

Through this course you will learn the fundamentals and enhanced techniques of painting with watercolors. Each student will work from their own subject material: personal photos or printed copies of other paintings or photographs. Instruction will be both at group level and individually through a critique of your work. A list of materials needed will be distributed to each student at the first class. For the first class bring a pencil and sketch pad. (10 classes).

Instructor: Mel Wolf

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
7908.101	9:30am–12:00pm	Th	1/18–3/22	\$88.00	\$105.00

Location: Calabasas Senior Center Art Room

ACRYLIC PAINTING

Acrylics are actually a great medium for beginners because it is such a forgiving medium. Acrylics are water-based, which means that unlike oil paints, they can be thinned and cleaned with water. This art class will instruct in the use and techniques of painting with acrylic paint. Painting subjects will be a choice of landscape or still life on canvas. Students will receive a list of needed supplies prior to the start of class. (8 classes).

Instructor: Wendy Koblick

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
7909.101	10:00am–12:00pm	F	1/19–3/9	\$80.00	\$96.00

Location: Calabasas Senior Center Art Room

ART ADVENTURES

In this course students will sample a variety of activities including drawing, painting, collage, and craft media. It will be up to the students to choose what most interests them from a list of projects discussed in our first class. This is a great way to discover what you might like to pursue in future classes. It's an art adventure! Some materials included. (8 classes). **No class 2/19.**

Instructor: Carolyn Schlam

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
7910.101	9:30am–12:00pm	M	1/22–3/19	\$110.00	\$132.00

Location: Calabasas Senior Center Art Room

BEGINNING OIL PAINTING

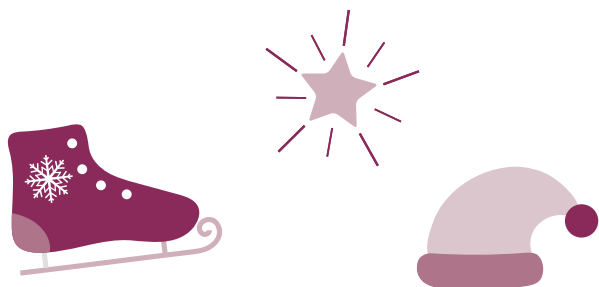
A fun class for learning basic fundamentals of painting in oils. Still life and landscape will be explored. A beginning approach, yet all levels are welcome. Non-toxic studio practices will be stressed. Alternative media is ok, but instruction will be in oil painting technique. A materials list will be provided. (8 classes).

No class 2/19.

Instructor: Liz Blum

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
7911.101	1:00–3:30pm	M	1/22–3/19	\$78.00	\$94.00

Location: Calabasas Senior Center Art Room





No refunds for excursions unless your spot can be filled from a waitlist.

ARTS & CRAFTS (CONT.)

WINE AND PAINTING

Join us for a fun, social, and creative evening! Sip wine with friends and learn step-by-step how to create your own artistic masterpiece! No experience needed. Invite adult friends to join the fun! You will leave with your own beautiful acrylic painting. All professional art supplies are included.

Instructor: Bobbie Rich

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
7912.101	6:00–7:30pm	M	2/5	Rhinestone Hearts \$40.00	\$48.00
7912.102	6:00–7:30pm	M	3/5	Seahorse \$40.00	\$48.00

Location: Calabasas Senior Center Art Room

GRANDPARENT/GRANDCHILD ARTPLAY

On this Saturday Valentine's workshop grandparents and their grandchild will work with a variety of art materials. Grandparents will be inspired to let loose while the grandkids show them how it's done. Fun for all. Instructor Carolyn Schlam has taught both seniors and children and will provide materials & orchestrate the show.

Instructor: Carolyn Schlam

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
7913.101	9:30am–11:30am	Sat	2/10	\$15.00 Adult \$10.00 Child	\$18.00 Adult \$12.00 Child

Location: Calabasas Senior Center Art Room

EXCURSIONS

ENCHANTED: FOREST OF LIGHT – DESCANSO GARDENS

Descanso Gardens is famed for its beauty during the day but when the sun sets the gardens turn into a magical Enchanted Forest of Light. This is the second year for the amazing outdoor wonderland—last year it was completely sold out. During this colorful interactive experience, you can stroll through a mile of 10 distinct lighting displays, one more awesome than the next. The Symphony of Oaks invites visitors to manipulate the sounds and lights in the Oak Grove. The walk concludes with a spectacular light display in the iconic Japanese Garden. Feel free to stop for hot cocoa or an adult beverage and a snack along the way. Many more pathway lights have been added but bring a small flashlight to point at the ground if you wish. Carry a warm jacket, it gets cooler in the garden than you might expect. You will be so happy that you came!

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
8001.101	5:30–9:15pm	Th	12/28	\$45.00	\$54.00

Location: Calabasas Senior Center

EXCURSIONS (CONT.)

THE MULLIN AUTOMOTIVE MUSEUM

The Mullin Automotive Museum is a privately owned automobile and decorative arts museum. Established in 2010, it displays the personal car collection of businessman and philanthropist Peter W. Mullin. The museum has a large collection of vintage Bugattis, and many of the cars are fully restored and able to be driven. The museum is housed in the building formerly occupied by the Chandler Vintage Museum of Transportation and Wildlife. It was remodeled to incorporate elements that retain the Art Deco style and motif in order to match the era of the cars, many of which were made by French manufacturers in the 1920's and 1930's. After the tour we will have lunch at Yolanda's Mexican Restaurant in Ventura on your own tab.

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
8002.101	10:00am–3:30pm	Th	1/11	\$56.00	\$67.00

Location: Juan Bautista de Anza Park

HISTORICAL TOUR OF NEW CHINATOWN

Chinatown was relocated in 1938 to its present location from the area where Union Station now stands. The Chinese Historical Society of Southern California actively promotes community history through their Walking Tour of the New Chinatown, started in 1981. The tour begins and ends at the Chinatown Heritage Center, which is the premier source of information pertaining to the history of the Chinese in Southern California. On display are artifacts from the archeological dig performed during excavations for the Metro Red Line at Union Station. Our tour will cover architecture, art, culture, food and herbs, among other topics. We will visit the New Chinatown Central Plaza, the Tyrus Wong Dragon Mural, the East and West Gates, various shops and family benevolent associations. Lunch will be at a very highly recommended dim sum restaurant, Ocean Seafood, mid-way through our walking tour on your own tab. We will arrive there at approximately 11:15–11:30am, prior to their busiest serving time, and enjoy dim sum and other Chinese specialties.

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
8003.101	8:30am–3:00pm	T	1/30	\$28.00	\$34.00

Location: Juan Bautista de Anza Park





No refunds for excursions unless your spot can be filled from a waitlist.

EXCURSIONS (CONT.)

TWO ADOBES IN ONE DAY

Our tour will start at the Reyes Adobe in Agoura Hills. Our docent led tour led us through this adobe home that was built by Maria Antonia Machado, a widow with 14 children, in approximately 1850. It is a cultural landmark significant to many areas of interest: California history highlighting the rancho period, and Spanish Rancho architecture. Then we will travel to lunch in Ventura at Greek at the Harbor. Your tab is on your own. After lunch we visit our second docent-led tour of the Olivas Adobe in Ventura. Experience the expansive adobe home and courtyard built between 1847-49 by wealthy Don Raymundo Olivas on his 4,700-acre Rancho San Miguel. Olivas Adobe is Ventura County's only remaining Monterey-style adobe home from the Rancho era - California Historical Landmark No. 115 that was placed on the National Register of Historic Places in 1979 - celebrates Ventura's Rancho and Latino heritage.

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
8004.101	9:00am-3:30pm	T	2/6	\$26.00	\$31.00

Location: Juan Bautista de Anza Park

TROPICAL COSTA RICA

Calabasas Senior Center and Collette Travel have teamed up to present "Tropical Costa Rica", a travel video presentation for a trip that will take place in October 2018. Discover the history of coffee in Costa Rica during your visit to a coffee plantation. Enjoy the breathtaking scenery surrounding Arenal Volcano. Spot indigenous wildlife while on a Cano Negro riverboat cruise and learn about Costa Rica's vegetation on a guided walk in the cloud forest. Climb high into the trees for your choice of a "Hanging Bridges" tour or go Zip Lining in the cloud forest. Discover the charming town of Zarcero and its whimsical topiary garden. The trip will take place October 8-16, 2018. There will be an optional 4 days 3-night Jungle Adventure Post Tour extension. Don't miss this exciting opportunity.

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
8005.101	10:00-11:00am	Th	2/8	Free	Free

Location: Founders Hall located behind the Calabasas Library

REAGAN RANCH CENTER

This Santa Barbara excursion will provide insight into the life of President Ronald Reagan and how he enjoyed the simple pleasures of ranch living. You will view the amazing collection of Reagan memorabilia and the stories that go with it. This is the closest one can get to the Reagan Ranch / Western Whitehouse. After the tour we will have lunch, on your own tab, before heading back to Calabasas and present day reality.

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
8006.101	9:45am-3:30pm	Th	2/15	\$20.00	\$24.00

Location: Juan Bautista de Anza Park

HSI LAI BUDDHIST TEMPLE TOUR

Enjoy a tour of the largest Buddhist complex in the Western Hemisphere, beautifully decorated for the Chinese New Year. Built in 1988 at the cost of \$300 million, it sits overlooking Hacienda Heights. The little pagodas, exquisite flowers, Majestic Bodhissara Hall, and Museum of Oriental Art, all serve to put you in a tranquil mood. After a docent-guided walking tour, we will enjoy a delicious vegetarian lunch buffet (price included) at the Temple. NOTE: No tank tops, shorts or short skirts. SUGGESTED: Walking shoes, as there is considerable walking and stairs.

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
8007.101	8:00am-2:30pm	T	2/20	\$37.00	\$45.00

Location: Juan Bautista de Anza Park

GLENDALE CENTRE THEATRE/ JOSEPH AND THE AMAZING TECHNICOLOR DREAMCOAT

Join us for this fantastic musical, "Joseph And The Amazing Technicolor Dreamcoat"! Music by Andrew Lloyd Webber and lyrics by Tim Rice. This is based on "the coat of many colors" story of Joseph from the Book of Genesis featuring the trials and triumphs of Israel's favorite son. We will be traveling to the Glendale Centre Theatre in the round, where there's NOT a bad seat in the house. After, on your own tab, we will enjoy a delicious dinner at a local restaurant.

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
8008.101	1:00-8:30pm	Sat	2/24	\$45.00	\$54.00

Location: Calabasas Senior Center

SANTA BARBARA INTERNATIONAL ORCHID SHOW

We can never have too much natural beauty surrounding us. Traveling to Santa Barbara, the International Orchid Show is a true gem. Featuring over a half-acre of orchids, this is one of the most prestigious horticultural events in the world. Besides providing the opportunity to see an unprecedented variety of orchids in peak bloom, you will be able to observe ongoing orchid demonstrations and might be tempted to take some home with you! NOTE: If you intend to purchase orchids, make that your first stop as you enter. That way you will find the best selection. Lunch will follow, on your own tab, at Mulligan's Café & Bar, a family-owned and operated restaurant with a view of The Santa Barbara Golf Club.

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
8009.101	8:45am-2:45pm	F	3/9	\$32.00	\$38.00

Location: Juan Bautista de Anza Park



No refunds for excursions unless your spot can be filled from a waitlist.

EXCURSIONS (CONT.)

SIMI VALLEY LANDMARKS

Join us as we explore some of the historic landmarks in Simi Valley. We will start with a docent led tour through **Grandma Prisbrey's Bottle Village**. At the age of 60, Grandma collected discards from dumps and landfills and with them created walls of colored glass, mosaic walkways and much more. We will then proceed to **Santa Susanna Train Depot** where we will see an amazing collection of early railroad works and the upstairs home of the Station Master. In addition, we will hear the fascinating history of Corriganville Movie Ranch where many of our favorite "oldies" were made. Lunch to follow, on your own tab, at one of Simi's famous restaurants, The Junk Yard. You **MUST** wear soft soles and closed toed shoes. Neither of these sites are handicapped accessible.

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
8010.101	8:15am–3:30pm	Th	3/15	\$35.00	\$42.00

Location: Juan Bautista de Anza Park

THE SANTA BARBARA ZOO

The Santa Barbara Zoo is located on 30 acres near the ocean in Santa Barbara, California. It was built on the site of what was known as the Child Estate, and opened in August, 1963. The zoo has been ranked many times as one of the nation's best small zoos. It has more than 500 animals in numerous exhibits, including capybara and California condors, and is famous for having had a giraffe with a crooked neck. It also features a few non-animal attractions, such as the 2 ft. (610 mm) narrow gauge Zoo Train, complete with a pair of Chance Rides' C.P. Huntington locomotives which circle the zoo. We will take a ride on one, and get up close and personal with the tallest residents of the Zoo by hand-feeding Masai giraffes. Their tongues are unbelievable! The Santa Barbara Zoo is accredited by the Association of Zoos and Aquariums, which assures visitors that they are providing excellent care for the animals, and are a leader in wildlife conservation. After leaving the zoo we head off to Summerland Beach Cafe for lunch on your own tab.

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
8011.101	9:00am–3:30pm	Th	3/29	\$37.00	\$44.00

Location: Juan Bautista de Anza Park



Photo: Dieter Schaefer

MANZANAR

This is an opportunity of a lifetime, the **HIGHLIGHT OF OUR EXCURSIONS!** We are going on a large bus with a bathroom, to **MANZANAR**, the historic site of the WW2 Japanese Internment Camp. We will be guided by Mas Okui, an educator and advocate for keeping the story of Manzanar alive. He will give us first-hand information, filled with wit, humor and poise, of what it was like to live there. Some of his lecture will be on the trip up to Lone Pine. Upon arrival we will tour the Museum and Visitor Center where we will watch a movie filled with rich stories and a history which should never ever happen again. Then, Mas will take us on a bus tour of the grounds, explaining everything along the way. Our time spent at the Camp will be approximately 3 hours. Exhausted from the injustices, we will board the bus and unwind. We will stop in Mojave for a quick dinner (on your own tab) on our way home. This is an 11-hour trip. We will be back before 7:00 pm. There is a minimal amount of walking, but wear comfy shoes and bring a jacket as it could be cold there. Also **PACK A SACK LUNCH** with a drink for the ride up to the Camp. **Must have 30 passengers registered by February 28th, 2018.**

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
8012.101	7:00am–7:00pm	Sat	4/14	\$90.00	\$108.00

Location: Calabasas Senior Center

OJAI OLIVE OIL RANCH TOUR

Ojai Olive Oil is a family owned and operated organic olive oil business purchased and restored by the Asquith family. The tour will begin in the grove of 150-year-old olive trees, where our docent will discuss a bit of the history of olive oil – how they came to produce it in Ojai, the cultivation of the trees and olive fruit, and the harvesting process. Heading inside we will learn about the process of extracting, blending, and bottling their extra virgin olive oil. Cooking with, shopping for and storing olive oil will be discussed. Next we visit the tasting room to sample the various oils as well as their flavored balsamic vinegars, which are guaranteed to tempt your palate. Note: Be sure to try the fig balsamic vinegar. Yummy! Lunch will follow, on your own tab, at Boccali's Restaurant, a favorite of Ojai locals. Leave room for their famous sky-high fresh strawberry shortcake. It is the dessert that dreams are made of. If time permits, we might be able to explore the unique shops in downtown Ojai.

CODE	TIME	DAY	DATE	MEMBER OR RESIDENT	NON RESIDENT
8013.101	9:00am–2:30pm	W	4/18	\$20.00	\$24.00

Location: Juan Bautista de Anza Park



