NEW REGISTRATION PROCESS FOR CALABASAS SAVVY SENIORS CLASSES!

The City of Calabasas has changed to a new and improved software system for class registration. Developed by Active Net, the system has many tools that will make registration for classes efficient, quick and easy. The software system will be able to send e-mail reminders to registrants, notify them of any scheduling changes, develop newsletters, and more. Using Active Net will enhance the communication between the office staff, teachers and lecturers, and the Savvy Seniors signed up for classes, lectures and excursions.
Registration for Savvy Senior Spring/Summer Programs will begin on Monday, March 16th at 9:00am for those wishing to register online at www.cityofcalabasas.com or in person.

*You may only register for yourself and a family member in the same household.

FOR FURTHER INFORMATION YOU MAY CALL 818-880-6461

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THE SEARCH FOR KNOWLEDGE
Throughout the years NASA has had a plan to advance science and knowledge over a broad range of topics. Some of these accomplishments include the landing and recovery of astronauts from the moon, the International Space Station, space shuttles and multiple missions into space. Come and enjoy this fascinating presentation!

Presenter: Burt Sigal

Location: Founders Hall located behind the Calabasas Library

THE TOYOTA WAY
What is the Toyota Way and how did they achieve quality products and customer satisfaction. Companies worldwide have tried to figure out and copy Toyota’s ability to capture dominance in product quality and customer satisfaction. We will explore what makes up the “Toyota Way.” Find out how “Thinking Out of the Box” really works.

Presenter: Burt Sigal

Location: Founders Hall located behind the Calabasas Library

CHRONIC DISEASE
A look at the 5 main causes of all illness plus the 7 ingredients needed for optimal health functions.

Presenter: Steve Pomerance, Health & Wellness consultant/integrative Pharmacist.

Location: Founders Hall located behind the Calabasas Library

DEAD SEA SCROLLS
Since they were discovered in eleven caves at the Qumran area of Israel between the years 1947 and 1956, the Dead Sea Scrolls have aroused more fascination and controversy than any other archeological find. Learn about these fragmented treasures, the greatest manuscript discovery of modern times!

Presenter: Merrill Lish

Location: Founders Hall located behind the Calabasas Library

GRANDPARENTING SUCCESSFULLY
Come learn how to make a special connection with your grandchildren. There is a lot you can share with them from your life experiences and how exciting to be able to do it using your computer. In this lecture you’ll get expert guidance on how to interact with your grandchildren and keep them safe while they use the computer.

Presenters: Linda Minster, B.A., M.A., Ed.

Location: Founders Hall located behind the Calabasas Library

MEMORIES OF MANZANAR
Join Mas Okui as he shares his intimate portrayal of life in the Manzanar War Relocation Center located at the foot of California’s Sierra Nevada. As a 10 year old boy, along with his father and two brothers, Mas was interned between the years 1942 and 1945. Mas Okui is well known for leading an annual pilgrimage to Manzanar, providing teacher-training programs as well as speaking to various school groups and civic and religious organizations throughout our nation. Most recently, he appeared in the groundbreaking documentary film ”The Manzanar Fishing Club,” depicting the 110,000 Americans of Japanese descent forced from their homes and shipped off to prison camps, finding their only freedom in fishing! Don’t miss Mas Okui as he brings to us his captivating and first-hand experience!

Presenter: Mas Okui

Location: Founders Hall located behind the Calabasas Library

CALABASAS GARDEN GROUP MEETINGS
Do you love to garden or just look at other people’s gardens? Would you like to go visit spectacular gardens in other neighborhoods? If these questions pique your interest then come join the Calabasas Savvy Seniors Garden Group. This group meets at various locations from 3:30-5:00pm every second Thursday of the month.

Please email Annie Wong at loquat123@yahoo.com to be added to the e-mail list.
SENIOR PUZZLES
Join puzzle book author, Alan Stillson, for a fun, nostalgic and easy class that will include working a variety of puzzles and puzzle solving tips. All puzzles can be done without a pencil! This class is for you if you want some good brain exercise and enjoy word puzzles that are short and won’t give you a headache! Participants will receive a free puzzle sample pack.

Presenter: Alan Stillson

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Location: Founders Hall located behind the Calabasas Library

THE FAILURE OF THE AMERICAN HEALTH CARE SYSTEM
A look at the top ten ways the American health system fails plus why almost everything you hear about hospitals and medicine is wrong.

Presenter: Steve Pomerance, Health & Wellness consultant/integrative Pharmacist.

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Location: Founders Hall located behind the Calabasas Library

MAGIC FOR SAVVY SENIORS PART 2
Magic is a great way to thrill not only your grandchildren, but your friends as well. This class will be devoted to close up magic. You will learn the basics of card and coin magic. By the end of this class you will be able to do several card and coin tricks. The only material you will have to bring is: 1) 2 quarters 2) a deck of cards and 3) paper to take notes on.

Presenter: Bill Frankenstein has been a member of the Magic Castle for over 30 years.

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Location: Founders Hall located behind the Calabasas Library

THE INDIAN BRUNCH & HIGH TEA
Seasoned instructor/cookbook author (Flavorful Shortcuts to Indian/Pakistani Cooking), Farhana Sahibzada, shares a playful/adaptable menu suitable for many social settings. Serve it mid-morning for brunch, lunch in the afternoon, high-tea socials, or with a cup of flavorful chai. Bring your friends with you to discover and devour the fun! Menu: Channa Massala, Parathas (lightly buttered flat bread), tea sandwiches, fruit Chaat, cream puffs and spiced Chai (tea).

Presenter: Farhana Sahibzada

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Location: De Anza Park

IT’S ABOUT TIME: STRATEGIES FOR BETTER PRODUCTIVITY
Do any of these phrases sound familiar? I don’t have time; I’m running out of time; I’m always late; I spend too much time on this, and not enough on that. We know with certainty that a single day is comprised of 24 hours, yet we are constantly running out of time. We try to manage our time but we don’t seem to be able. At the end of the day, we drop into bed, exhausted, cranky, and frustrated and we groan when we think about “doing” our day again tomorrow. Let’s face it. Many of us just don’t have a good relationship with “time.” The truth of the matter is that we cannot manage time....but we can manage our relationship to it. Our timely topics include: The timepiece: how do we keep track of time? Imagined vs. Real: how long does it take to get things done? Prioritize: needs, wants, desires. Changing the way we do our day: the six strategies for making the new friendship with time come alive!

Presenter: Dr. Regina F. Lark, Ph.D.

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Location: Founders Hall located behind the Calabasas Library
PREVENTATIVE HEALTH SCREENINGS FOR SENIORS
As we age, our medical needs can become more complex due to the aging process and diseases that can manifest later in life. Preventative health screenings every older adult should have to help lead a longer and healthier life will be discussed.

**Presenter:** UCLA Health’s, Dr. Sonya Heitmann

**CODE** | **TIME** | **DAY** | **DATE** | **FEE**
---|---|---|---|---
7011.301 | 9:00-10:00am | Th | 6/4 | $2.00

**Location:** Founders Hall located behind the Calabasas Library

THE STORY BEHIND THE PAINTING
If paintings could talk, what wonderful tales would they tell? In this enlightening and intriguing presentation, many works not mentioned in art history books will be revealed. These include a recently discovered self portrait by Leonardo Da Vinci in his youth, the first painting by Michelangelo at age 14 and a Gainsborough commission that was not permitted to be finished.

**Presenter:** Peter Kraus—author, artist, educator

**CODE** | **TIME** | **DAY** | **DATE** | **FEE**
---|---|---|---|---
7012.301 | 5:30-7:00pm | M | 6/8 | $9.00

**Location:** Founders Hall located behind the Calabasas Library

WOMEN’S HEART HEALTH
Heart disease kills 1 in 3 women! In this presentation you will arm yourself with the facts you need to know about heart disease and dispel some common myths to help keep your heart healthy.

**Presenter:** UCLA Health’s Dr. Shah

**CODE** | **TIME** | **DAY** | **DATE** | **FEE**
---|---|---|---|---
7013.301 | 10:00-11:00am | Th | 6/11 | $2.00

**Location:** Founders Hall located behind the Calabasas Library

SUCCESSFUL & HEALTHY AGING THROUGH INTEGRATIVE EAST-WEST MEDICINE
This presentation will provide an overview of integrative East-West medicine and explore strategies to help optimize health and wellness. Several key acupressure points will also be discussed that can treat common ailments.

**Presenter:** UCLA Health’s Dr. Malcolm B. Taw.

**CODE** | **TIME** | **DAY** | **DATE** | **FEE**
---|---|---|---|---
7014.301 | 2:00-3:00pm | F | 6/19 | $2.00

**Location:** Founders Hall located behind the Calabasas Library

WOMEN IN THE ARTS: ANCIENT TIMES TO THE RENAISSANCE
Throughout the ages, women have contributed much to the arts, but their names and their fabulous works have largely been left unnoticed. In this intriguing and revealing presentation, you will discover who these women were and explore their hardships, their perseverance and their wonderful achievements. From the Greek days to the Medieval Era, then on into the Age of Enlightenment; you don’t want to miss this.

**Presenter:** Peter Kraus—author, artist, educator

**CODE** | **TIME** | **DAY** | **DATE** | **FEE**
---|---|---|---|---
7015.301 | 5:30-7:00pm | M | 7/27 | $9.00

**Location:** Founders Hall located behind the Calabasas Library

WOMEN IN THE ARTS: FROM THE BAROQUE TO THE ROCOCO
Throughout the ages, women have contributed much to the arts, but their names and their fabulous works have largely been left unnoticed. In this intriguing and revealing presentation, you will discover who these women were and explore their hardships, their perseverance and their wonderful achievements. From the 17th to the 18th Century. You don’t want to miss this.

**Presenter:** Peter Kraus—author, artist, educator

**CODE** | **TIME** | **DAY** | **DATE** | **FEE**
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7016.301 | 5:30-7:00pm | M | 8/3 | $9.00

**Location:** Founders Hall located behind the Calabasas Library
ENTERTAINMENT

THE LITTLE GIANT: THE STORY OF DAVID BEN-GURION
For forty-one years David Ben-Gurion has been known as “The Little Giant!” Learn about “The Man with the One-Track Mind” who was one of the founders of the State of Israel! An entertaining afternoon!

Presenter: Arnold Weiss

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Location: Founders Hall located behind the Calabasas Library

THE MET: ENCORE PERFORMANCE - CAVALLARIA RUSTICANA
Pietro Mascagni and PAGLIACCI - Ruggero Leoncavallo – “Infidelity, deception and murder!” What a great way to be introduced to the operatic style known as Verismo. All surrounded by music you will recognize and love. Two short operas given on one day. This will be followed by a viewing of the opera at the AMC Theater in Woodland Hills at 6:30pm. (Bring your own dinner to class.)

*Tickets are subject to availability, REGISTER ASAP! NO REFUNDS!

Instructor: Steve Kohn with the non-profit LA Opera

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Location: Founders Hall located behind the Calabasas Library

MIND & BODY

THE ALEXANDER TECHNIQUE
The Alexander Technique helps you solve daily movement situations causing discomfort by transforming stress and tension into ease and lightness. Class activities include explanations, demonstrations, and personal guidance to enhance walking, bending, sitting, driving or playing a musical instrument. Bring a mat for constructive rest.


Instructor: Shula Sendowski

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Location: Founders Hall located behind the Calabasas Library

FITNESS

YOGALATES FOR SENIORS
Yogalates combines the core and back strengthening exercises with the relaxation of yoga stretches. This class is done on a mat and will be designed for the needs and ability of each individual.

No Class 4/29.

*Bring a mat, wear loose clothing and watch your strength & alignment improve!

Instructor: Ann Monahan

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<td>6/24 – 8/12</td>
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Location: Founders Hall located behind the Calabasas Library

GENTLE YOGA FOR SENIORS
A class designed especially for you and your own personal abilities. Yoga will decrease your stress, align your body and bring relaxation and rejuvenation into your life. A yoga mat is required.


Instructor: Ann Monahan

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<td>$45.00 (8 classes)</td>
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Location: Agoura Hills Calabasas Community Center

ZUMBA GOLD
Zumba is the Latin-inspired, easy to follow, calorie burning, dance and fitness party. This class is especially designed for seniors.

Instructor: Betty Yee-Opp, Certified & Licensed Fitness / Certified Zumba Instructor

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Location: De Anza Park

WILL POWER SHAKESPEARE HOUR
The California Shakespeare Company presents “The Will Power Shakespeare Hour.” The bard himself will present actors performing scenes from many of his plays. (Romeo and Juliet, Hamlet, Macbeth, As You Like it and other classics.)

Presenter: California Shakespeare Company

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Location: Founders Hall located behind the Calabasas Library
FITNESS (CONT.)

LINE DANCING: BETTY’S DANCE BLAST!
Don’t miss out, come and twist & shout! Line dancing improves your range of motion, concentration and memory while dancing to the oldies! There are limited spaces so sign up now… and let’s have a blast!

Instructor: Betty Yee-Opp

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Location: De Anza Park

ZUMBA CHAIR / TONING
Come join us for Zumba Gold Chair Dancing! Customized fitness classes including appropriate warm-ups, aerobic conditioning, muscular/skeletal strengthening, flexibility, relaxation activities, and general cool-downs. This class will help the body stay fit and promote a sharp and alert mind. Wear comfortable clothing. (Chairs are used in this format)

Instructor: Betty Yee-Opp, Certified & Licensed Fitness / Certified Zumba Instructor

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Location: De Anza Park

SAVVY SENIOR FITNESS
This is a fun and challenging workout to “oldies” style music. It is a strength and conditioning class using weights and bands. You will increase your strength and endurance as you burn calories. It will also improve your posture, bone density and balance. *Please bring light hand weights and a mat. The bands will be provided by the instructor. No Class 4/27 & 5/25.

Instructor: Trissa Nicholson

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Location: Founders Hall located behind the Calabasas Library

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Location: Tennis & Swim Center

TAI CHI SHORT FORM
Improve your health by learning a Tai Chi short form along with supplemental Chinese Qigong exercises. Practicing these gentle flowing arts is an excellent way to reduce stress, develop strength, balance and flexibility. No Class 5/21.

Instructor: Jim Belsley

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Location: De Anza Park

CHAIR FITNESS WITH BETTY
Join Betty for a fun Saturday afternoon workout. Start with a slow to medium pace warm-up to get the blood flowing, followed by chair dancing to the great tunes of the 50’s. Let’s pick up our 1 lb, 2 lb or 3 lb weights and tone your body and waist for a strong core, improved equilibrium and nice looking arms. A cool down will follow. Bring your friends and don’t miss out on all the fun!

Instructor: Betty Yee-Opp, Certified and License-AFAA Group Fitness, Silver Sneakers, Zumba Gold & Arthritis Instructor

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Location: Tennis & Swim Center

TECHNOLOGY
SURFING THE INTERNET
Using Internet Explorer, learn browser components and tool bar icons. Learn about favorites, history, tabbed browsing, copying and printing from a webpage, and more. Using Google, learn effective search techniques. Surf the net and discover a whole new world! Previous computer experience is helpful for this class.

Presenter: Rick Munitz

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Location: Calabasas Library Computer Lab

INTRODUCTION TO PC COMPUTING
This is a basic PC class. Students will learn how to hold the mouse, the basics of the file system, how to copy one file to another, and creating and saving files using the text editors.

Presenter: Deanna Witrack

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Location: Calabasas Library Computer Lab

EMAIL BASICS
In this class, you will learn how to use Gmail and the many things it has to offer. The following skills will be covered: how to read, create, send, forward, and reply to email; send, open and save attachments; add contacts to email address. If time permits we will also create a personal Gmail address and account. Previous experience with computers is essential for this class.

Presenter: Rick Munitz

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Location: Calabasas Library Computer Lab
TECHNOLOGY (CONT.)

MICROSOFT WORD
Class will cover the basic skills needed to start using Microsoft Word for Windows. Learn how to create, save, retrieve, and update documents. This includes font selection, page setup, setting tabs, importing data and pictures from other sources and more. Some previous knowledge and/or experience using computers will be helpful in this class. *Please bring a flash drive to class.

**Presenter:** Deanna Witrack

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**Location:** Calabasas Library Computer Lab

MONITORING & MAINTAINING YOUR HEALTH USING APPS
Electronic health resources are changing the landscape of health. Learn how you can monitor your heart rate, check your blood pressure, manage your prescriptions and set reminders, and much more using health applications on your smartphone or tablet. Suzanne Maisner, a gerotechnologist, will show you how to find, use, and vet the many health applications available today on your smartphone or tablet.

**Presenter:** Suzanne Maisner

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**Location:** Founders Hall located behind the Calabasas Library

INTRODUCTION TO PINTEREST
You’ve been hearing about it everywhere -- Pinterest -- but what is this crazy new website that has everyone buzzing? The simple answer is that Pinterest is a virtual inspiration board and people who are already “pinning” know that it’s far more than that. Let me walk you through the ins and outs of jumping on the Pinterest bandwagon. Please bring your smartphone and/or tablet to this class.

**Presenter:** Stacie Cayne

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**Location:** Founders Hall located behind the Calabasas Library

THE BEST APPS FOR SMARTPHONES & TABLETS
These apps will help you get more out of your smartphone/tablet and out of your everyday life...and most of them are free or very inexpensive. You will receive a printout of the apps we discuss in this class.

**Presenter:** Stacie Cayne

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**Location:** Founders Hall located behind the Calabasas Library

IPHONE / IPAD: LEARN HOW TO TAKE BETTER PICTURES WITH YOUR MOBILE CAMERA
Wondering how to take better pictures with your iPhone or iPad camera? Ever found yourself taking a picture only to discover the photo came out less than perfect? Sometimes you only have one opportunity to capture a moment so let’s make it count! Bring your iPhone and iPad or iPad mini. Requirement: iPhone 5S or later, iPad, both with iOS8 (operating system)

**Instructor:** Tracie Karasik

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**Location:** Agoura Hills / Calabasas Community Center

LEARN HOW TO USE & MASTER YOUR IPHONE
Learn how to use the latest systems for your iPhone from the basics to cool new features. Class includes web browsing, internet, new apps, music and more. Bring your iPhone. Requirement: iPhone 5S or later (operating system).

**Instructor:** Tracie Karasik

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**Location:** Agoura Hills / Calabasas Community Center
MUSIC

MUSIC OF THOSE WONDERFUL 1940’S

Presenter: Saul H. Jacobs & Bob Lipson

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Location: Founders Hall located behind the Calabasas Library

AMERICAN POPULAR MUSIC
Maestro James Domine, Music Director/Conductor of the San Fernando Valley Symphony Orchestra, brings his unique insights to the development and performance of contemporary American popular music involving listening examples, discussion of the repertoire, as well as the producers, composers, artists and performers associated with each. Lectures will discuss significant trends and developments in American popular musical style as represented in contemporary society and the mainstream media.

Presenter: James Domine

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Location: Founders Hall located behind the Calabasas Library

GIANTS OF JAZZ ON FILM
Giants of Jazz on Film returns with three new sessions featuring new film performances of some of the greatest names in jazz. Topics will include great jazz vocalists and the Great American Songbook, the Apollo Theater…plus an all-request program.

Instructor: Mark Cantor

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Location: Agoura Hills / Calabasas Community Center

A CLASSICAL TRIP FROM MOSCOW TO FRANCE
Our musical adventure starts in Russia and ends in France. Along the way, you’ll experience some of the most exciting music ever written for the concert stage. So, pack your bags and join Shelly Cohen as he introduces you to some of the world’s most gifted composers and their compositions.

Presenter: Shelly Cohen

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Location: Founders Hall located behind the Calabasas Library

THE GREAT AMERICAN SONGWRITERS - PART I

Presenter: Saul H. Jacobs & Bob Lipson

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Location: Agoura Hills / Calabasas Community Center

OPERA THROUGH THE AGES
We will explore some great operas, some unusual themes, some unforgettable characters and some stories in the operatic genre that you may not be familiar with. 4/16: Great Opera Houses. At least digitally, we can visit these beautiful buildings all over the world. 4/30: Simon Boccanegra (Guiseppe Verdi) One of Verdi’s lesser known works. He covers some of his most important themes, family ties, politics and revenge. 5/14: Ariadne Auf Naxos (Richard Strauss). An “opera within an opera,” is the basis of this comedy. 5/28: La Rondine (Giacomo Puccini). Puccini’s one attempt to write an “operaetta” style piece, and filled with beautiful music. 7/9: A Celebration of the Art of Placido Domingo. He is an inspiration to every upcoming opera star. He continues to sing at the highest levels and we will listen and follow his extraordinary career. 7/23: La Clemenza di Tito (Wolfgang Amadeus Mozart). This is one of Mozart’s last operas, and sometimes it is overlooked, but it is a masterpiece and is based on historical information. 8/6: Die Vogel (Walter Braunfels) Two men become disgusted with life as human beings and so they decide to join the kingdom of the birds. But, as they experience some unusual events, they realize that it is equally as hard to be part of another being. 8/20: Opera’s Connection to Pop Culture. We take a fresh look at the connection between what appears at first glance to be very different genres, but they have many connections as we will see.

Instructor: Steve Kohn

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Location: Founders Hall located behind the Calabasas Library

AMERICAN MUSICAL THEATER
Maestro James Domine, Music Director/conductor of the San Fernando Valley Symphony Orchestra brings his unique insights to the development of American Musical Theater. Lectures will include the role of significant producers, composers and performers in the historical development of the American musical from its beginnings in the ethnic theaters of New York City circa 1900 through the late 20th century. Emphasis is placed for the purposes of this course on the “golden age” of Broadway spanning chronologically from the late 1930’s through the early 1960’s.

Presenter: James Domine

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Location: Founders Hall located behind the Calabasas Library
FINE ARTS

ARTISTIC GARDENS AND PALACES
An elegant lecture series exploring the formal gardens and grand palaces of Italy, France, Egypt, Persia, India, and Spain. From the legendary “hanging gardens” of Babylon, we will trace the history of garden design through the ages while examining the architecture, lavish interiors and royal art collections of the world’s finest palaces. No Class 5/1.

Presenter: John Paul Thornton

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Location: Founders Hall located behind the Calabasas Library

EXPLORING THE LOUVRE
Like a virtual trip to Paris! The focus of this series is on the incredible art collections of the Musee du Louvre. The well known Mona Lisa and Venus de Milo only scratch the surface... Students will be transported through time to learn about the history of this former royal palace, and then learn the true stories of the great artists whose masterpieces fill the halls of what is now the biggest museum in the world. From the Egyptian wings, to the art of the Renaissance, to Neo-Classicism, Romanticism and Realism, the scope of this course is as grand as the Louvre itself.

Instructor: John Paul Thornton

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Location: Founders Hall located behind the Calabasas Library

PERSONAL DEVELOPMENT

CONVERSATIONAL SPANISH
Learn basic grammar concepts, vocabulary and practice speaking the Spanish language.

Instructor: Angel Lerma

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Location: De Anza Park

DAILY SPANISH USAGE
Learn the basics of Spanish and be able to interact with Spanish-speaking people. Come, Enjoy, Learn!

Instructor: Linda Minster, B.A., M.A., Ed.

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Location: De Anza Park

PERSONAL DEV. (CONT.)

UCLA MEMORY TRAINING PROGRAM
Can’t remember where you parked? Forget why you walked into the room? Four brain-stimulating, fun-filled weeks of developing good memory habits and techniques to improve your memory. Methods are based on research and proven to be ultimately beneficial. *Space is limited, register early!

Instructor: Bonnie Shoemaker

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Location: De Anza Park

POWERFUL TOOLS FOR CAREGIVERS
Caring for your spouse or parent? This class is especially for YOU! Gain practical insight on how to reduce stress and improve communication skills with family and doctors. Most importantly, learn how to validate and take care of yourself! *Fee includes a 100+ page Powerful Tools workbook to use for years to come.

Instructor: Bonnie Shoemaker

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Location: De Anza Park

LIVING WITH CHANGE AS WE AGE
Change comes at a steady pace as we age. Participants will understand how change operates in their lives and how they respond. Developing personal control and a positive response to events over which we have no control is the ultimate goal of this workshop.

Presenter: Ilene Blok

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Location: De Anza Park

EXPLORING YOUR INNER WORLD
This workshop is designed to take you into the one and only place on earth in which you can find true and lasting happiness, inside yourself. By using live music, movement, breathing, meditation, and various other techniques, this course is designed for you to explore various places inside yourself so that you can create a lasting sense of inner peace and joy that will remain with you for the rest of your days. *This session can be enhanced by combining it with the Healing Music Concert (see next page).

Instructor: Daniel Tyler Pohnke

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Location: Agoura Hills / Calabasas Community Center
PERSONAL DEV. (CONT.)

HEALING MUSIC CONCERT
This live Healing Music Concert uses special healing frequencies of 528hz and 432hz with gentle breathing and meditation techniques to create a deep state of inner peace. *Enjoy a deeper experience when combining this session with Exploring Your Inner World (see previous page).

Instructor: Daniel Tyler Pohnke

CODE  TIME  DAY  DATE  FEE
7506.201  3:30-4:15pm  W  5/6 – 5/27  $50.00 (4 classes)

Location: Agoura Hills / Calabasas Community Center

FIX IT YOURSELF
This class will include demonstrations and discussions on how to “fix it yourself”: repairs at home, in the bathroom, kitchen, garage & yard, how to secure items for an earthquake and hanging up items on walls. Demonstrations will show and discuss the proper way to begin and end “the fix” with success.

Instructor: John Kuhn

CODE  TIME  DAY  DATE  FEE
7507.201  1:00-3:00pm  Th  5/21 & 5/28  $25.00 (2 classes)

Location: De Anza Park

HOBBIES & INTERESTS

BRIDGE PLAY
Do you play bridge? Would you like to improve your game by learning new conventions and playing strategies? This class is for you! You can sharpen your bridge skills, exercise your mind and enjoy making new friends while playing this fascinating and exciting game.

Instructor: Jean Jolin

CODE  TIME  DAY  DATE  FEE
7600.201  1:00-3:00pm  T  4/10-5/29  $80.00 (8 classes)

Location: De Anza Park

INTRODUCTION TO MAH JONGG
Come learn the fun popular game of Mah Jongg. The instructor has successfully taught over 300 men & women this sociable and challenging game. *Class is limited to 7 students.

Moderator: Helaine Gesas

CODE  TIME  DAY  DATE  FEE
7601.201  10:00am-12:00pm  Th  4/9-4/30  $80.00 (4 classes)

Location: De Anza Park

FREE TRI-CITIES SENIOR EXPO
WEDNESDAY, MAY 6, 2015
10:00am–2:00pm
Agoura Hills Calabasas Community Center
27040 Malibu Hills Rd.
The first 200 people to R.S.V.P. receive a free lunch.

- Over 25 vendors featuring:
  - Booths & Displays
  - Medical Screenings
  - Service Demonstrations
  - Local Agencies & Professionals
  - Free Raffle Prizes
  - Free Handouts & Goodies

For more information or to RSVP, please call 818-597-7361

SPRING CLASS  SUMMER CLASS  SPRING / SUMMER 2015  CITY OF CALABASAS | 45
ARTS & CRAFTS

**INTRODUCTION TO COMPOSITION**
Have you wondered how artists decide what to exclude and include in pictures, where to place them and how to arrange them? This insightful and revealing combination lecture and hands-on course will advance your understanding and skill with design. Critique and class discussion will focus on topics including unity, harmony, rhythm, balance and emphasis in 2D visual arts. Materials needed will be discussed at first meeting. All levels are welcome.

**Instructor:** Peter Kraus

**CODE TIME DAY DATE FEE**
7700.201 9:00-10:45am W 4/15-6/3 $68.00 (8 classes)

**Location:** Founders Hall located behind the Calabasas Library

**INTRODUCTION TO CONTEMPORARY STYLES**
Have you ever wondered how artists create styles? This insightful and revealing combination lecture and hands-on course will advance your understanding and skill with today’s modern artistic principles. Critique and class discussion will focus on topics including simplification, exaggeration and stylization in innovative ways. Materials you will need will be discussed at first meeting. All levels are welcome.

**Instructor:** Peter Kraus

**CODE TIME DAY DATE FEE**
7701.301 9:00-10:45am W 6/24-7/29 $68.00 (6 classes)

**Location:** Founders Hall located behind the Calabasas Library

**BEGINNING AND INTERMEDIATE LEVEL WATERCOLORS**
Through this course you will learn the fundamentals and enhanced techniques of painting with watercolors. Each student will work from their own subject material: personal photos or printed copies of other paintings or photographs. Instruction will be both at group level and individually through a critique of students’ work. A list of materials needed will be distributed to each student at the first class. For the first class bring a pencil and sketch pad. **No Class 5/25.**

**Instructor:** Mel Wolf.

**CODE TIME DAY DATE FEE**
7702.201 9:00-11:30am M 4/6-6/1 $68.00 (8 classes)
7702.202 9:30-12:00am Th 4/9-6/4 $75.00 (9 classes)

**Location:** De Anza Park

**MIXED WATER-MEDIA**
This is a water-media class that will bring out the creative self! Students will combine watercolor paints with other water-media paints and materials and will learn many techniques including making textures, collaging with rice paper and pouring paint. Materials list will be given at the first class. Please bring a pencil, sketchpad and any watercolor supplies you have to the first class. **No Class 5/19.**

**Instructor:** Deborah Swan-McDonald

**CODE TIME DAY DATE FEE**
7703.201 9:00-11:30am T 4/7-6/23 $78.00 (8 classes)

**Location:** De Anza Park

**BEGINNING & INTERMEDIATE OIL PAINTING: LANDSCAPE & STILL LIFE**
You will learn the fundamentals of oil painting using photos provided or bring your own. Instruction/demonstrations will be provided individually and in groups. Critique of students’ work will be offered. For the first class, bring pencil, drawing paper and kneaded eraser. A list of materials will be distributed at that time. **No class 4/15.**

**Instructor:** Lynn Gertenbach

**CODE TIME DAY DATE FEE**
7704.201 1:00-3:30pm W 4/8-6/3 $78.00 (8 classes)

**Location:** De Anza Park

**COLORED PENCIL FOR CONTINUING STUDENTS**
Continue to experiment with colored pencil and mixed media. Individual instruction guides you through projects of your own choosing as you explore the techniques and subject matter that interest you on the way to your artistic goals. **No Class 4/21 & 4/28.**

**Instructor:** Arlene Weinstock

**CODE TIME DAY DATE FEE**
7705.201 9:00-11:00am T 4/7-5/26 $50.00 (6 classes)

**Location:** Founders Hall located behind the Calabasas Library

**EXPERIMENTING WITH COLORED PENCILS**
Learn to get rich color on paper with a perfectly transportable medium. Experienced artists and beginners learn to handle this versatile tool for making art. Expand your imagination, learn how color works, and have fun. Materials and a supply list will be distributed at the first class. **No Class 4/21 & 4/28.**

**Instructor:** Arlene Weinstock

**CODE TIME DAY DATE FEE**
7706.201 9:30-11:30am T 4/7-5/26 $50.00 (6 classes)

**Location:** Founders Hall located behind the Calabasas Library

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**SENIORS - 50+ (CONTINUED)**
EXCURSIONS

INTERNATIONAL PRINTING MUSEUM – GALLERY TOUR WITH THE INVENTIVE BEN FRANKLIN SHOW

Beginning with a tour through the Printing Museum’s extensive collection of working machinery, you will experience the development of the arts and technologies used to transmit ideas, including writing, papermaking, printing and bookbinding. See a replica of the Gutenberg Press, a visit to Franklin’s printing shop which houses the third oldest printing press made in America, and the marvelous newspaper machines of the Industrial Revolution. Following your gallery tour, you will step into the Heritage Theatre to meet the Inventive Dr. Franklin. Franklin will introduce you to his many inventions and discoveries, from swim fins to bifocals, from the first lending library to the Constitution. Franklin demonstrates his static electrical generator, originally used to create a battery, and aims to ignite minds with the wonders of science and invention! Lunch on your own follows the 2 hour tour at the Red Car Restaurant.

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Shuttle Departs: Calabasas Civic Center, 100 Civic Center Way

CARPINTERIA GREENHOUSE & NURSERY TOUR

Where do the flowers you buy come from? Did you know that Santa Barbara represents the most productive cut flower farming region in the United States? Join us for this very special one day/year event to visit the greenhouses in Carpinteria. Tours will be conducted by the farmer/owner in each greenhouse. We will learn all about the “blooming business” while we enjoy the beauty around us. It is truly breathtaking to see Gerber daisies, roses, and orchids of so many different varieties. The orchids purchased at Trader Joe’s come from here. Seven farms are on the tour – we’ll see how many we can cover between 11:00am-4:00pm. *Food trucks will be available at two locations along the way or a pre-ordered box lunch from Corner Bakery can be arranged prior to trip.

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Shuttle Departs: Calabasas Civic Center, 100 Civic Center Way

HOLLYWOOD MUSEUM IN THE MAX FACTOR BUILDING

The Hollywood Museum is housed in the historic Max Factor Building where Max Factor, Hollywood’s Makeup King, created the looks of Hollywood’s Golden Era stars including Joan Crawford, Bette Davis, Katharine Hepburn, Judy Garland, Mae West, Jean Harlow, Marilyn Monroe and many other favorite stars...from the Silents through the 1970’s. Visit Max Factor’s world famous makeup rooms and see where Hollywood’s greatest stars got their “look!” See where Marilyn Monroe became a blonde and Lucille Ball a famous redhead. Visit the largest collection of costumes, props, posters and photographs Hollywood has to offer. Enjoy lunch on your own at Hollywood’s Mel’s Drive-In located next door in the Max Factor Building.

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Shuttle Departs: Calabasas Civic Center, 100 Civic Center Way

SAN JUAN CAPISTRANO & LOS RIOS HISTORIC DISTRICT

We will start this exciting day by boarding an Amtrak train in Chatsworth, and taking a luxurious business class ride South to San Juan Capistrano. Our first stop will be the jewel of California Missions where we will have a docent led tour of this Spanish inspired site built in 1776 and surrounded by unbelievable grounds. The famous returning swallows will still be building their mud nests. A short walk and we will be back at the railroad depot for lunch, on your own tab, at the charming and romantic Sarducci’s where floor to ceiling windows reveal the 200 year old adobes just across the way in the Los Rios historic district. We will have time to wander and shop before our 3:00 docent led tour of Los Rios with its old West aura, 200 year old buildings and antique shops. A little free time left before boarding our train for home at 5:30 arriving in Chatsworth at 7:54 pm. WHAT A DAY.

*No refunds for cancellations.

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Meet At: Chatsworth Amtrak Station, 10040 Old Depot Plaza Rd.
**EXCURSIONS (CONT.)**

**CENTRAL LOS ANGELES LIBRARY**
Visit the Los Angeles Public Library’s state-of-the-art Central Library on a 1 ¼ hour docent-led tour. Enjoy the art and architecture of the wonderful Goodhue Building with its distinctive sphinxes and rooftop pyramid. Wander through the high-tech Bradley Wing, designed by famed architect Norman Pfeiffer and gaze at the 8-story atrium with its whimsical chandeliers. Learn about the library’s comprehensive book, magazine, audio and videotape collections as well as its extensive network of informational databases. The tour starts in the Library’s McGuire Gardens. Following the tour, enjoy lunch on your own at downtown Border Grill.

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**Shuttle Departs:** Calabasas Civic Center, 100 Civic Center Way

**DESCANSO GARDENS TOUR**
Experience the rare and natural beauty of Descanso Gardens, a unique and beautiful Southern California landscape. A docent-led tour will introduce you to the magic and history of the Gardens with an eye to seasonal surprises! In May, roses, azaleas, camellias, irises, wildflowers and California natives will be in bloom! Breathe in the perfume of this 5-acre garden devoted to the rose, America’s most popular flower. More than 3000 roses represent centuries of horticultural history and dozens of regions from around the world. Lunch will be on your own at the Descanso Café which offers fresh salads, sandwiches, desserts and beverages. A delightful gift shop is available which carries items of interest for all visitors.

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**Shuttle Departs:** Calabasas Civic Center, 100 Civic Center Way

**GUIDE DOGS OF AMERICA**
Guide Dogs of America is dedicated to its mission to provide guide dogs and instruction in their use, free of charge, to blind and visually impaired men and women from the United States and Canada so that they may continue to pursue their goals with increased mobility and independence. The organization operates under the name Guide Dogs of America as an International Guiding Eyes Program. Today Guide Dogs of America seeks new and better ways of helping the blind community. A guided tour will start at 10:00am. Lunch on your own will follow at Caruso’s Pizza in Sylmar.

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**Shuttle Departs:** De Anza Park, 3701 Lost Hills Rd.

**CALIFORNIA MISSIONS ART EXHIBIT & LUNCH WITH THE ARTIST**
Artist and actress Carolyn Carradine painted 40 California missions and landscapes during the 40 days of Lent in 2014. We will “Meet the Artist” and enjoy a private tour of her exhibit of oil paintings of California Missions from Sonoma to San Diego, now on display at the historic Leonis Adobe Museum, Calabasas. Begin the adventure with lunch at Sagebrush Cantina, next door. As a bonus, learn about the historic buildings, ranch animals and crops, depicting California ranch life of the 1800’s. Carolyn’s husband Chris, son of film actor John Carradine, will tell his personal story of living at the Leonis Adobe from 1955 to 1960.

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**Meet At:** Leonis Adobe Museum, 23537 Calabasas Rd.

**SANTA ANITA – A DAY AT THE RACES**
Spend the day at Santa Anita Park in Arcadia, watching horse races, betting and enjoying a buffet lunch. We will be seated together for the races, and will be provided with a handicapper to educate those in the group who are new to the sport of horse racing. Later, there will be a paddock tour entailing walking ring and post parade. No refunds for cancellations.

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**Shuttle Departs:** De Anza Park, 3701 Lost Hills Rd.

**OXNARD LEMON COMPANY TOUR**
Pucker up! We are heading to the fertile plains of Oxnard, the source of most of our lemons. Oxnard Lemon Co. is a licensed packer for Sunkist and provides packing services for over 175 Sunkist lemon growers, representing 4,500 acres throughout California. One of every five Sunkist lemons comes from Oxnard Lemon Co. – more than a billion lemons shipped to people all over the world! Washing, sorting, grading, and packing these yellow beauties are all on our tour. There will be a free gift at the end of our adventure. Lunch will be on your own at Cabo Seafood Grill & Cantina in Oxnard.

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**Shuttle Departs:** De Anza Park, 3701 Lost Hills Rd.
EXCURSIONS (CONT.)

HOLLYWOOD BOWL CELEBRATING THE 4TH OF JULY WITH SMOKEY ROBINSON, FIREWORKS & FUN
We had such a fabulous time last year that we decided to make this an annual Savvy celebration! Patriotic music and the King of Motown, Smokey Robinson, the Los Angeles Philharmonic, plus an incredible fireworks display – what’s not to love? Pack your favorite picnic dinner and bottle of wine for another wonderful evening of entertainment. Remember to bring a jacket since it gets rather chilly when the sun sets! *No refunds for cancellations.

CODE  TIME  DAY  DATE  FEE
8011.301  4:30-11:30pm  Th  7/2  $85.00

Shuttle Departs: De Anza Park, 3701 Lost Hills Rd.

HOUWELING’S HYDROPONIC TOMATOES
In 1996, Casey Houweling moved the family business, established by his father, to California where he could take advantage of perfect conditions for greenhouse growing – Camarillo farmland with more than 300 days of sunshine a year. Houweling’s Tomatoes’ facility was erected in 1996, and today, 125 acres under greenhouse glass and the California sun produces many delicious varieties of tomatoes in an array of colors, shapes, and sizes, 52 weeks a year. These tomatoes are grown without soil, or hydroponically, and many of you have probably purchased them at Costco or other fine supermarkets. Note: there is considerable walking on this tour. We will be outfitted in jumpsuits, hairnets, and booties, so we are fully protected, but there are bees within the greenhouses to pollinate the tomato plants. Stings are rare, but anyone with a bee allergy will want to take this under consideration. Lunch on your own at either Saﬁre, an American Bistro, Snapper Jack’s Taco Shack, Bistro 13, and a few others.

CODE  TIME  DAY  DATE  FEE
8012.301  9:00am-3:00pm  W  7/29  $20.00

Shuttle Departs: De Anza Park, 3701 Lost Hills Rd.

CASA DEL HERRERO, HOUSE OF THE BLACKSMITH
Do not miss the opportunity to see this incredible home designed by famed architect, George Washington Smith, completed in 1925. The Casa is included on the National Register of Historic Places and has recently been designated a National Historic Landmark. Celebrating its 90th year, both the home and its adjoining workshop, as well as its many unusual gardens which lead to the sea, are a wonder to behold. This house contains superb 13th through 19th century Spanish furniture, artwork, and antique tapestries and architectural detail. Lunch will be on your own at one of the several excellent restaurants along Old Coast Road, Montecito.

CODE  TIME  DAY  DATE  FEE
8013.301  8:30am-3:30pm  T  8/4  $40.00

Shuttle Departs: De Anza Park, 3701 Lost Hills Rd.

AQUARIUM OF THE PACIFIC LONG BEACH
Leave the summer heat of the Valley as we depart for Long Beach with its cool ocean breezes and amazing Aquarium. We will be on our own to explore the many magnificent exhibits, with every colorful sea creature you can imagine and beyond. There are special shows and demonstrations throughout the day which we will be sure not to miss. Most of the enclosures are inside, but bring a hat and sunscreen since you will want to take advantage of the outdoor shows as well. We will stay with the marine theme when we have lunch, on your own, at Bubba Gump Shrimp Co. after our adventure.

CODE  TIME  DAY  DATE  FEE
8014.301  8:00am-5:00pm  Th  8/13  $45.00

Shuttle Departs: De Anza Park, 3701 Lost Hills Rd.
SAVVY SENIORS REGISTRATION

REGISTRATION
Begins Monday, March 16, 2015
General registration begins at 9:00am for all programs.

ONLINE REGISTRATION
WWW.CITYOFCALABASAS.COM

MAIL-IN
Fill in registration form and mail with full payment. Make checks payable to City of Calabasas. Mail to:

Community Services
Attn: Spring/Summer Registration
3701 Lost Hills Road
Calabasas, CA 91301

WALK-IN
Monday–Friday 8:00am–5:00pm
Juan Bautista de Anza Park
3701 Lost Hills Road
Calabasas Tennis & Swim Center
23400 Park Sorrento

ONE FAMILY PER REGISTRATION FORM
For more registration information call (818) 880-6461.

(ADULT / PAYEE) LAST NAME                                FIRST NAME    EMAIL  (ALL RECEIPTS WILL BE EMAILED)
ADDRESS   CITY      ZIP
HOME PHONE                                                   CELL PHONE  (NUMBER & CARRIER REQUIRED FOR TEXT MESSAGES)     CELL PHONE CARRIER
CODE CLASS NAME PARTICIPANT NAME SEX BIRTHDATE FEE
PROCESSING FEE $5.00
TOTAL FEE

Method of Payment:

[ ] Check  [ ] MasterCard  [ ] Visa  [ ] Discover

CARD #                      EXP. DATE
NAME THAT APPEARS ON CARD
BILLING ADDRESS (IF DIFFERENT THAN ABOVE) CITY     ZIP

*Signature required for registration. The undersigned hereby agrees to defend, indemnify, and hold harmless the City of Calabasas and its officers, employees and agents from and against any and all loss, liability charges and expenses (including attorney’s fees) and cost which may arise by reason of participation in any program. (The City does not provide accident, medical, liability, workers’ compensation insurance or any other insurance for program participants). As parent/guardian, I hereby consent to emergency treatment of my minor child as a result of accident or injury. I further agree to pay any and all costs incurred as a result of said treatment. I agree to carefully inspect and satisfy for myself that the facilities provided are reasonably safe for their intended use. Once having conducted the inspection, I agree to expressly assume the risk of participating at the premises. I understand the City retains the right to use photos taken during activities for publicity purposes.

ADULT/PARENT SIGNATURE DATE

[ ] I have read and understand the general release, waiver, and indemnity agreement.

Please indicate if this participant has special needs:

[ ] Visually Impaired  [ ] Hearing Impaired  [ ] Mobility Impaired  [ ] Learning Impaired  [ ] Other Needs:

REFUND POLICY
1. Refund requests must be made before the beginning of the 2nd class.
2. A full refund will be made in the event an activity is canceled by the City prior to the starting date.
3. A partial refund will be made on a pro-rated basis if a refund is requested prior to the beginning of the 2nd class.
4. Refund checks will be mailed within four to five weeks of notice.
5. Please note to the nature of excursions: Refunds may only be available if the reservation can be filled from a wait list.
6. Refunds will not be issued after the completion of an activity, excursion or event.